

The Boonie Breakdown Podcast

Episode 251 - Black Feminist Freak with Goddess Honey B

Transcript

Introducing Dame Products and the Air - A Thrilling Pleasure

[0:00] Support for today's episode comes from Dame Products. You love the rose, but I'm telling you, Dame may have something a bit better.

You may want to check out Dame's Air.

It creates thrilling pulses of air in a soft seal around your clitoris, so you can go all the way right away.

The opening is a bit bigger than the rose. The material is a little bit more squishier, so it just feels good immediately. immediately.

And as a Boonie Breakdown listener, you can receive 10% off your purchase of the air by using the code Boonie10.

That's Boonie, all cap letters, 10.

Head on over to dame.com to get you one.

Hey, y'all. It's your girl, Boonie. And you're listening to the Boonie Breakdown podcast, your source for all things responsible and ratchet.

[0:49] All right. So welcome to this week's episode. It's a good one.

I love when I find amazing people. And let me not use the word fine.

But when I connect with amazing people, and then we have amazing conversations that you all get to listen to.

So this week, our guest is goddess Honeybee. All right.

We have a conversation conversation about her work as a Black goddess dominant.

She is also a Black feminist freak.

[1:20] We talk about the deliciousness of consent and how Black women can tap into living their best and most pleasurable sex lives.

Look, y'all, she even put me on to some new kinks, right?

I think that's what I love about doing this show is that I always learn something new.

And thus, I hope that you guys have learned something new because like knife play did you know did you know because I didn't know but stick around for the conversation with goddess honey bee all right we're just gonna go right into my pick of the week as we're already talking about deliciousness and lusciousness pick of the week shout out to the motherfuckers over at coach whoever took over the design helm at coach kudos and brava bravo whoever you may be um and I should have looked this up before I made them a pick of the week but I honestly did not um I have been obsessed I I purchased a few coach things we talked about it last week in the episode with Sheikah but I'm obsessed like I want I have other you know things on my hit list that I would like to buy designer or shit that that that that and the other but right now coach has this bag out that.

Boonie's Pick of the Week: Coach Bag Obsession

[2:34] If you did a quick glance, you might think it was a Chanel.

And since I'm priced out of buying Chanel, I will be buying this Coach bag.

I just don't have an occasion to buy it. And I'm usually going to talk myself into spending money for anything.

[2:48] But I will be getting this Coach bag. I mean, the leather, the quality, it lasts.

Shout out to Coach. And because I've been looking, whoever's on their marketing team, they have been feeding your girl the ads.

Okay, I'm influenced enough. I got it. i'm gonna make it but you know i just gotta make a little coin to purchase it treat myself right but is the coach quilted tabbies uh that nappa leather oh my god it's a dream it's a delight so don't sleep on coach right because i i feel like we get so caught up in the in the in the the tiktok and the instagram like you got to be stunting with the louis vuitton and the dior and shit and I talked about it in the episode with Sam Smith uh back in December like rock your coach you know rock your Michael Kors if that's what the fuck you want to rock too so don't be ashamed all right that is my message and pick of the week housekeeping housekeeping come back later please housekeeping not now okay first up for housekeeping feedback from episode 250 with the homie Chico go reject your pussy.

You know, a lot of people, I was surprised at how many of you really, really thought that The Brothers was a classic movie.

When I did the poll on Talk to Boonie Tuesday, over 60% of you all thought that The Brothers was a classic.

[4:18] Sheikah and I disagree. We thought it it was a good movie it aged well but it indeed was not a classic um i posted a reel where we were talking about the jennifer lewis scene about eating the last piece of food and someone mentioned in a comment on the reel uh shout out to someone cute uh they had mentioned that men fall for this as well because in the bronx tale the whole lean over and open the door for you after you got her her in the car shit so it's not just women giving this advice men give that type of uh colloquial advice as well so if you did not check out uh last week's episode with chica we did a shit that hits different on the black film the brother so go back and listen to last week's episode also patreon gang if you're listening to this on the day this episode drops monday february 12th don't forget Get 8.30 Eastern Time over on the Patreon portal.

We will have our Galentine's Day kickback.

I can't wait to hang with you guys. Hopefully it's a nice little crowd over there.

And if you're not on Patreon, you're like, I want to be in the kickback.

You know what? You can sign up.

You can just head on over to patreon.com backslash the boonie breakdown.

[5:30] At the \$6 and \$15 level, they get the events. But you can join and support for as low as \$3.

And if you sign up for the year, you get like some months for free.

The whole spiel is over there. So patreon.com backslash the boonie breakdown.

Down. I can't wait to hang with you all for Galentine's Day.

If this is your first time listening, welcome. I appreciate you being here.

So go head on over, pick up your phone right now, pick it up, pick it up, pick it up, pick it up. Okay, you got it.

Go on over to Instagram and hit at the Boonie Breakdown and hit follow.

You can do the same thing on Facebook. You can do the same thing on TikTok.

You can do the same thing on YouTube.

All right, all those places. If you want to do Twitter, you can do at Boonie Breakdown.

You can find us sometimes over there. It's a little dying for me but we still did we still got a presence there all right so that is it for me so let's get ready to break it down.

[6:19] Music.

Welcoming goddess honeybees and discussing how they connected online

[6:27] All right y'all i always love having new people finding new people i'm not even sure how we found each other on the internet but i want to welcome goddess honeybees the boonie breakdown hi welcome Do you know?
I don't know how we found each other.
I think you actually interviewed.

[6:46] You've interviewed a few people I know. So who was the first one?
I don't know. But I think I saw part of their interview and I was like, oh, what's this?
And then I was like, oh, there's a lot of people I either know and like or don't know but could like. So I was like, let me follow.
And I like your content, so I share it. And every time I share, you're like, oh, thanks for sharing. I'm like, yeah, you're sharing.
You are, because I really just don't think people understand, like, how much that helps. Like, me sharing it to the same people don't help me grow.
So when other people share it to their people, that's what happens.
So I am always appreciative of anybody who hits that share button because to me, that's kind of free support.
It's it takes nothing. It takes nothing. And that matters to me more than the likes. Like if somebody is hitting share.

[7:29] Yes. Thank you. You're welcome.
So I'm excited to get all up in your business about what you do, who you are.
Introduce you to my audience. and when I was looking at your page and getting ready and I was like what kind of conversation do I want to have with goddess honeybee and I remember you responded back to my email and you said that you are a proud black feminist so what does that mean to you like to say to wear that label yeah so about me so I'm goddess honeybee um I am a pro and lifestyle femdom just meaning that that for my in my free time I like to top and dominate people but also people pay me for it which is great I do kink education and a host of other things that we could probably get into, and yeah I am a black feminist I actually identify as a black feminist freak which is a term of art that I'm kind of workshopping but in terms of black feminism so I was introduced to.

Introducing goddess honeybee as a proud black feminist and discussing the meaning of black feminism

[8:34] To Black feminism. I mean, really, if you think about it, Black feminism is part and parcel of my own understanding of my own identity, right?

So Black feminism is just understanding the ways that intersecting system of oppression impact Black people who are also women.

So the idea that we don't just experience Blackness, we don't just experience womanhood, but we experience those those things at the same time and I think as our understandings of gender have expanded so has the understanding of feminism that like it does yes include women but also includes femmes femme identified people um and other kind of gender expansive people so it's this idea that yeah when I show up in a space how that space interacts with me um is not just based on my blackness but It is also based on all of these other things that I experience.

So Black Feminist Freak is really, for me at least, about using my body and my sexuality to be intentionally subversive. Okay.

[9:38] And by that, I mean, you know, Black people, especially Black women and Black femmes, have long, you know, wanted to control the narrative around our bodies, but haven't been able to.

You know, even when you think all the way back to like Henrietta Lacks or Sarah Barty and women in the Black women in the past who were used for our bodies, used for our body parts, figuratively and literally, but weren't allowed, right?

But weren't allowed access to like vote, right?

[10:08] And you think about like the white suffrage movement, the movement for white women to vote was about white women.

They were not trying to have, you know, Black women. Y'all don't worry about yourself later. Yeah.

Period. Right. Even like white feminism was about like, oh, white women being equal to men and we want to go to work.

But for Black women, a lot of our reality has been because of the ways that Black women.

Uh, Black families were separated in times of like slavery and even in the Jim Crow era that we've been having to like work and we've been having to work outside the home.

And so I think that for me, a lot of Black feminism is also this question of like, how do I get to show up as my whole self, but not as the mule?

Like, how do I get to show up as, um, a sexual being, but, and be a hoe if that's why, if that's how I choose to be, be, but like have myself be able to define it, right?

Like what does it mean for me to be able to define my existence as a sex worker?

What does it mean for me to get to define my existence as a dominant or even to like be in a space and decide I want to be dominant as opposed to like when I'm at work or when I'm in spaces with white people and I have to assert my dominance because otherwise they're going to play in my face, right?

So I don't get to choose dominance when I'm at work. That's a dominance that's put upon me.

And it's exhausting as opposed to the dominance of my choosing.

Ooh, you done said several words in there.

[11:38] We about to extract first.

And I always ask people, especially doms that I have on people who are phone sex operators, the stigma that's around the word sex worker and you just said it.

So you do identify yourself as a sex worker because I know there is shame. Well, shame.

And it's not by the sex workers. Right. It's society.

So, yeah, I mean, and there is there are some doms just like there are some strippers who are like, oh, I'm not a sex worker.

I'm a stripper. I'm not a sex worker. or i'm a dom because i don't have i don't have sex sex yeah that means this and i'm like yeah but we're performing sexual acts even if the thing is not overtly sexual right so if someone has a kink around um adult nursing for example right so someone having a breastfeeding kink yeah breastfeeding is not actually inherently sexual and yet if the person is deriving sexual pleasure from it then it becomes a a sexual act between two consenting adults every time i have someone on here i learn about a new fucking kink oh my god so you if okay now so if you're a dom and that is your subs kink yeah who will let them suck on your titty well how does that work most people who have I have a nursing kink actually want the milk.

Lactation as a Kink

[13:02] You're not lactating. These are empty. And prayerfully will never be lactating. I am happily child free.

Amen. But, you know, I have a person who I'm dating who does like who where that is a kink of his.

And for me, I'm like, you know, I hope you find it because I can't help you.

So, you know, I hope you find it. But yeah, no, that's it's totally a thing.

I'm like, I'll be on Twitter and.

Everyone knows my love of twitter porn because it's so nasty and i love it but i was on this i went deep in a porn rabbit hole because i just kept clicking like oh my god and i got to this lady's page and god i don't remember her name but it took me by surprise because the video was just her like and i was like okay titty play and then she just went and like squirted all over the camera with the milk yep yeah and i was stunned i was like okay this is not for me but i mean you've never so i have friends who like either have been pregnant or like we're pregnant and we're always like like squirting their little like

you know on the family feud they call them dairy cannons um and i'm sitting here thinking i have a lot so a lot of my friends are child free, the ones who have had children I am now gonna tell them bitch why the fuck you ain't squirt your milk in my face come on.

[14:30] Period like also cause just to see like my homegirl was like no you just have to see like how far it goes and she's like, and I'm like oh my god that's so crazy no my friend didn't do that but it freaked me out because she was leaking one day and I didn't know what that was we were young and I was like what the fuck is happening, like I just didn't know the milk would just leak out yes okay my mom used to tell me like girl you know it'd be another baby crying in the macy's and my titties start leaking good that is insane yeah sounds terrible but you know yeah like it's you know i'm glad for that i'm glad someone did it because that's how i got here so like shout out to the parents a shout out to the mothers yeah someone got to keep the population going baby because i am booking flights yeah i don't i don't have it i don't it's not in the a card to me my factory is shut down that's done we're past that and good luck to everybody else i mean my factory is factoring but not with this iud you know what i mean.

Personal Decision to Not Have Children

[15:31] So fin doll okay i go here too so what is your favorite kink that you like to satisfy for us up, okay well she got excited i do and also so like just everyone who bottoms for me isn't necessarily like my sub and sometimes even a sub um but we can talk about that but um my favorite kink i like orgasm play so i like orgasm control the best um both denial and forced orgasm and i really love to combine the two um there's just something about overwhelm that i really love as a sadist So one of my homies is Dame Sadie, also known in some spaces as Madam Seduction.

And one of the things that they helped me understand is that sadism isn't just about pain.

[16:27] My desire to overwhelm people is also out of sadism.

Or if you've ever been tickled so much you can't breathe.

Or again, you've come so hard, you feel like you can't anymore.

You're going to pass out. right so like it's still it's about like how are you pushing someone past um what they even saw as their edge but that seems like a true talent to like okay girl but it does to get somebody to that point right like yeah yeah and i love it i mean like it is one of my i just had someone it's funny in a group I'm in like share a clip from a session that they had with me that was forced orgasm and they were like writhing and some people you know like to do forced orgasm with restraints and shout out to my rope girlies but I'm not a rope girly and really I love restraining people with my

body and also with like psychological force so like using the psychological force here Yeah, because it's like, okay, if you move, for example, I was playing with someone this weekend, and I was doing this thing with his back and my nails.

Combining Psychological and Physical Restraints for Ultimate Control

[17:41] And I was like, every time you bring your hands down...

[17:44] I'll stop. And if you do it three times, I'll stop for good.

And so psychologically, right, that person is locked in.

They're really concentrating and really focused because what's happening to them feels really good.

And even it's one of those things where it's like, oh, it feels so good.

I almost want you to stop, but please don't stop.

And so, yeah, it's like, yeah, you can do this.

[18:11] And these are the consequences, right? Right. And then for my body, I just like to literally physically hold someone down and make them come until they tap out.

And somebody's probably listening to this and not knowing that that would what they like is a like a form of kink or what the name of the kink is.

Right. So you're probably listening like, oh, shit, I like that shit. And I know it had a name.

[18:37] Yes. Yeah. I mean, I feel like almost everything has a name.

Almost everything. literally literally like I went down a rabbit hole too of like it was some article I was reading and like certain things that are kinks and I'm like there's a population of people who get turned on by this okay all right that's not my ministry but all right yeah and I think I tell my friends all the time the more I do this podcast the more I realize my freak meter ain't ain't it's freaky you because right and and not because of an unwillingness to try no just like no yeah i just didn't know so now that i know it's like huh and there are so many people who like for example i know for me especially as a black person i was like oh bdsm that's not white people shit but then it's like okay sis but you say you like choking niggas out you say you like like to like smack and you like to hit you say you like to um like.

[19:41] Give handjobs even beyond like when he's come you like to you know do this do this all of those things are many of those things are elements of yeah i'm right they have an element of control element of power play but because bdsm has been so gatekept

you know frankly by white people and even now a lot is shifting and changing as more and more black kinksters are kind of coming out for sure and building community but you know even still a lot of the dungeons are owned by white people a lot of the bigger spaces and parties um are owned by white people but you know black people are carving out spaces and it's beautiful and i love it yeah i love to see it right because even if it may not be something that you're into to watch.

[20:27] Black and Brown people find the freedom to explore that to me is interesting. And I like watching it. And those are the people that I have on the podcast, right? Because like I said, there's somebody listening who may be like, oh shit, I've been into that.

And I didn't know it was a community that I could find and go explore safely.

Right. And the people that I have on are people that I trust that I've watched their practices.

I've watched them create safe spaces. I've watched them ensure the integrity and safety of the people who come to their play parties or go to their events or whatever.

So I am happy to make that bridge, right? Yeah, exactly.

[21:08] Yeah. Because honestly, it's like that's how, you know, I found community. Someone saying to me, like, hey, I know you're into these things. Check out this person.

[21:20] You should check out. I think the first person someone told me to check out was Mistress Marley.

Another person someone had told me a really a mentor of mine um from when i was a kid is uh also a mentor of a like a person who and i i know love and respect and she was like no you have to meet like you have to meet dame sadie you have to meet dame sadie like y'all would really kick it off and so like meeting them being able to be in spaces where and what you said really resonates it's like okay when you see someone you trust it's like you can trust their spaces too right so i'm like okay i know that this person like my mentor i'm like i know that she's not on no fuck shit so i know she wouldn't recommend me to someone who was not about you know also like safety and freedom and black people yes um and then i'm like okay i get to know that person we went to dinner i was like oh yeah okay this person is really dope like i you know when they introduced me to ho-hive and then i'm in this space i'm like okay this space is really dope and then i'm meeting people there so um as a person who was hesitant to um to build community and part of it i think is some uh like ptsd is too strong a word but some like residual hesitation from seeing how some other spaces and.

[22:47] Get like a little bit like elitist or a little bit like oh like we're the people who know and so those are the people who don't know um and that's just like not what my

experience has been at all yeah community and i'm like i love this and there are so many lessons i think from the ways that black kinksters build together um and the ways that we're like experimenting with um Like, yeah, building new safety frameworks like DocuRock, Candice Liger, Dame Sadie, and a host of other folks using like research and Black Women Brilliance to come up with trauma-informed consensual kink as like an actual framework, not just a slogan or a phrase. I love that.

Importance of Safety in Alternative Sexual Spaces

[24:01] Been subjected to, you know? I think that's so great because...

That's some of the feedback I always get from these episodes, right?

Or like, if I tell someone beforehand, oh, I'm recording with a dom or this, whatever.

And they're like, oh, how do they stay safe? Like, and I think safety is one of those big things and safety of your person, safety of your health, right?

If you are engaging in sexual activity, so you're, you know, you're mental if something happens traumatic or.

So I think it's so great to hear that all of these spaces are taking things seriously and the people who are running the spaces as well.

[24:37] So, yeah, like you, you, you live, you learn something will happen.

You know, I'm an event planner by tree by day.

So like events, something's always going to go wrong. Right.

You're just in the solution business.

So that's all you can do. Like something's going to go wrong and you've got to pivot and figure it out.

Yeah. yeah but you do your best to mitigate those yeah that's all so all right i also wanted to ask you this with your client with your clients right i'm gonna call them clients because you just said something i'm coming back into it i put a pin there because you said not all the subs that did that we coming back so for your clients like do you have like a menu of services because yes like like okay so what are your like your your top offerings that people come to you for you said a few but or your favorite you said your favorite yes my favorite so impact play and knife play are probably the ones that people come to me the most so impact play being anything that you do that involves striking a person's body um i use floggers canes my hands my nails um i'm a nail girly.

I punch, I box, people come to me for... I get a lot of people who either have.

[25:59] Some people have had maybe negative experiences and they're looking to have a different experience with kink and with BDSM.

A lot of times those people had negative experiences with men like we are. I am a dom.

And it's like, but they weren't. They were just trying to subjugate a woman, frankly, and not really pay attention to like what are the things that she wanted and what were the things that were going to make her feel comfortable submitting.

And so like yeah i've had people you know i've had my knives on people's genitals i've had my knives let's talk about this knife play right so i'm thinking about my body is my favorite actually really yeah i'm an i am a big knife really and my mom was always like so is it like a sharp point you're like gonna drag it over my nipple or something yeah look at you like that that was very specific bonnie i just had to think about myself.

Discussion on using knives for pleasure and fear

[26:55] I'm like where would i like a knife there yeah exactly exactly um i have like machetes i have pen knives i have i would be terrified of a machete you know and that's part of it right i think that part of what it also fear yeah but you're gonna have a machete now wait a minute, walk me through where you take how do you do this with a machete I mean, so I'm all you up because it just makes it easier to not cut you unless cutting is what you want.

[27:31] No see i'm light-skinned i scar i mean you know look i'm a good i'm gonna listen to you you still gonna have welts because i do like to see like a little evidence okay um and i'll use so my machete i would pull it up but my basement flooded so all of my stuff is like oh the poor insurance man he's like i'm sorry these are your sex toys looking at my knives i was like yes sir and you better put those on the claim um but so my machete has like a broad flat side too but it's sharp it has a point a slanty point so it's sharp at the point sharp on the sides it's sharp everywhere um but then it has like you know this flat cold side okay so i may drag the flat cold side and then switch it and drag the pointy side and i'm paying attention to your body i like it on soft places so i may have it follow along the curve of your side i love rolls so if a person as rolls i'm like dragging it all over the rolls oh my god what if you like slice somebody's rolls up no anything's possible but but i have not sliced anyone up i've had okay many people.

[28:40] At this point over 100 people um i've touched with knives i've had sex with my knives uh not like me having sex with my knives as in i was having sex with a person and my knives were also involved um you know i'm a very uh it's just so creative yeah i recently did a um solo masturbation scene um with black touch and oh he was on here i love black touch.

Mentioning a recent solo scene with knives

[29:10] His voice is great, too. Oh, my God. Y'all are just so fine. Like, you, your wife, everybody. Yes, yes, yes. Everybody's fine. But, like, so I use my knives sometimes during masturbation. And he was like, I've never seen that before. I was like, yeah, I mean, it adds, I think, just an element of, it adds texture. And I don't know how to explain it other than that. But, like, it adds texture, I think, to an experience. Experience and it becomes a thing like so for me as a person who i don't like feeling scared so the same reason that like i shoot guns because i was like if something happened i don't ever want to be scared of a gun i'll be scared of the sound i want to be scared of the sight of it i want to see it i want to understand how it works um but knives i mean i've liked knives since i was little i used to give knives as gifts to my friends when i was in like middle school i used to get in trouble um because i'd go and i'd these like knives these decorative handles or these decorative blades i'd be like oh my god this this i present that's your thing that's like your thing it is my thing it is my thing knife play okay yeah all right it's great i love it you know you can always let me know you know boonie if you ever wonder yeah i'm like i have to trust that with a professional because i couldn't just tell them i know i would not tell boo like pull out that knife.

[30:35] You could or you could send boo to me to learn how to do it okay you know i could i could teach boo a thing or two now okay okay we can get you right that is i mean i could see why someone will be turned on by that because the words you use texture right like for me.

[30:58] That's the thing, like the restraints, like if you're using silk, like I like to feel those different things.

[31:04] Sometimes it's soft, sometimes it's hard, right? You know, the flogging or if you have the silk, you know, restraint on your eyes or your wrist, the feather, your hands, like the different sensations is what keeps you going. So I'm like, I could see how a knife could do it. The other day I used in a session, I used a rope toy that was hers already, but I used it like on her clit through her like silky panties. And it was like, she was like, that was, you know, a really new sensation. But I'm like, yeah, so I really love playing with the senses and playing with different sensations, different feels, you know, sense of that, yeah, sensory play. But I love, honestly, I love it all. And I love when a person allows me to curate a session for them that uses whatever tools and kinks that I desire.

[31:59] What matters to me and what I often ask is like, how do you want to feel? Feel so when we're done like how do you want to feel um in the session how do you want to feel what do you need to let go um or what do you want to call in and how can i use these tools and curate this experience in such a way that you get that because sometimes it's like yeah i want to come but i really need like release i need to be like screaming and sometimes it's like i really need a good cry and i really not you being a therapist over there with your knives and shit it but that's dope though thank you yeah no i love it i mean it's semantics right like the body you know.

[32:40] What's the book the body keeps the score right i mean like the body stores so much um and we are so disconnected from our body and somatics is a practice and an invitation i really think of it um and was taught somatics um from people who really taught it to me is like black people's inheritance like we deserve to be in our bodies we deserve to have a relationship with our bodies we deserve not to be so disconnected from them you know but we're so disconnected that we'll be like oh yeah i'm okay meanwhile our body is like no we are not okay and we can feel it we can feel our heart uh beating we feel our chest being tight we.

[33:21] Can feel you know our jaw being tight and then we wonder why we're sick all the time and it's like yeah because all that you're holding it it's um shout out to the homie eric he has this thing he always does with his podcast drop your relax your shoulders i'm on and you don't even realize how much you sit like this so you're like and so just relax your shoulders one of my teachers that jaw she would say release your butt cheeks and without fail every time that my lisa said it i'm like dang i didn't realize it but yes i was holding your booty cheeks you know when i when i'm on the wax table getting my brazilian my wax girl be like relax she's like before she even ripped she's like i feel it relax and as soon as you sink into the table she's like and you're like okay yeah she's like y'all be trying to fight me and prep like she be like relax like relax.

[34:12] Wax ladies how am I supposed to relax and you're literally about to rip the hair out my pussy it's so funny I have been doing this.

[34:23] Easily over a decade now at this point right like and it's still like the vulva i'm cool but as soon as she gets it's them three yanks in the inside, i'd be like you can just let it you can just leave it.

A Funny Tangent on Butt Waxing and Nudes

[34:42] So thorough she gonna pull them tweezers out if she sees something she don't like, i'd be like not the tweezers she said you know i'm about to be walking this pussy

around saying I did it well I joked with her last time I went and I was like you being my pussy more than my gynecologist like I mean and facts though like she just be like okay light open up all right bye I like you being there like I'm like no okay then be like all right let's do the booty now like that's how the booty strip so I'm gonna share something so funny it's off topic it's off topic so i was sending some nudes yes i already love where this is going and i was like let's take something different so i'm doing like the the phone is on the floor standing over it kind of shit like is that a shadow or is that like i'm like it's winter time y'all can see i was like is that a shadow or is that like hair on my butt because like i'm wax all up in my booty booty hole. That's, that's, you know, that's bald. And so I'm like, nah. So then I lay on the bed and I'm with my arm, like, and I'm looking, I'm like, nah, that's hair.

So I'm like, I text my wax girl, it's 11 o'clock at night.

And I'm like, oh my God, you know, Jessica, I need, You might have to reschedule me because I win. And she's like, what?

[36:05] She's like, okay, I can reschedule you. I was like, I think I need a full butt wax. I'm light skinned.

It's like more than it looks some fuzz. So she does my Brazilian.

She's like, she do my booty hole. She's like, girl, turn over. Let me see.

And she's like, not you texting me at almost midnight like it's an emergency.

But it's a little bit of hair. I was like, it gotta go.

I just got my whole butt waxed. How did that feel?

It's so funny i got a big old booty too but it just went like she left because she was like not it rippling because when she was like that we were in there cackling okay but it did it didn't hurt to me it didn't hurt at all but she was like okay i'm gonna do this one yeah so she just went but i laughed because i totally just got a butt wax last month because i was taking news and saw peach fuzz and said no not not today satan she was like you don't have to do this every time so please don't add this when you book it she's like this will probably be like once a year but like i was like okay it was just too much it had to go she was like no it was like 9-1-1 emergency.

Exciting Book Deal Announcement on Black Kink Journey

[37:17] So that was my tangent on butt waxing i mean and a necessary tangent plus we got to hear about your butt rippling so i for one i'm pro tangent there you go i just use my imagination i'm like yep i see it ripple ripple, so bring us back on tangent yes yes the word on the street is you got a book deal.

[37:40] Yes. Yes, yes, yes. Congratulations. Tell us about this. Thank you. So Dame Sadie and I recently signed a book deal with AK Press. And we're going to be publishing, curating a book, part anthology, but also like a lot of writing from us too. But it's about Black kink. So it's called *And a Freak Shall Lead Them*. And we are super excited. it's about just it's a bunch of black folks a bunch of black kinksters with varying perspectives varying sort of like identities varying journeys so some people who are new and talking about like how new things are some people who are like you know been vets some people who are in their you know 60s 70s talking about kind of you know what what's been going down um with their kink life and their kink journey things they've seen and we're just excited so um a shout out to adrian marie brown so it's gonna be it's in the um the pleasure activism lineage and we are really thrilled to be bringing that and to be um part of helping to bring forward more black kink stories um so many Many of the books that you see around kink are white, white authors, white stories, white centric, Eurocentric.

[39:06] And there's really good like *Color of Kink* is a really good book about like Black folks and kink and Black women in particular and kink and porn. But it is more academic and we wanted to have just a little more focus on like narratives, essays. We'll have art in there. We'll have poems. So just feeling really, really excited to add to the pleasure activism journey.

Time Flying By in the Pandemic

[39:33] The pleasure activism like body of knowledge that's dope congrats thank you thank you you got a book deal so it's gonna be a while but when is the anticipated really i mean it's not that long of a while it's supposed to drop at the top of 2025 oh it'll be here before you know it yeah i know that's how i feel about it right now actually i'm like that feels like tomorrow yeah because january is almost over i don't know i feel like something happened in the atmosphere universe during the pandemic something with the time happened yes because 2019 seems so far away like i'm like how is that only four years ago like barely five years ago how is that possible what happened there like i just feel like time just really is on some like these months are not fucking around with us they be in and out like all right i gotta go bye heavy on the out heavy on the out they're like i feel like it was just thanksgiving it was just christmas and now it's just christmas yeah it's so bad just christmas and i'm like it is my sister was like yeah you know because we because we're going to celebrate her birthday next month uh next week excuse me in Turks and Caicos and she's like yeah you know because next week and i'm like how was your birthday next week your birthday is at the end of January.

[40:53] She's like right and I'm like that's crazy it was just New Year's Eve it was just New Year's Eve like yesterday just yesterday.

[41:03] So yeah I don't know what happened in the shift in that pandemic but shift it back, time ain't been right okay it's giving the flash okay it's giving no know something so before we wrap up what i love about this and i like to ask you know some of my pink forward black feminist freaks i like to ask them any advice you would give a black woman a woman listening who is struggling with how to center their pleasure right like women and you You know, I love my friend, Vanessa, the Badgest Team.

Centering Pleasure: Advice for Black Women

[41:50] She be going on these sermons about, and recently she posted like, girl, don't you take another dick riding class, dick sucking class for a man who can't even make you come, right? Period.

Okay. Yeah. Like, so what is your piece of advice you would give to women who to, how to center their pleasure and put their pleasure first?

Yeah. I mean and also speaking of Agistine shout out to her and I think February 10th she's having a pop-up yes yeah I'm hoping I'm going because I'm like everyone is everyone's everyone's gonna be there everyone's gonna be there so I'm excited um honestly I would give probably three pieces of advice so I'd say one.

[42:32] Um, is to invest in it.

And by invest, I don't necessarily mean like, just like that, just even saying like, don't go, Oh, I'm going to go do this Dick rotten thing.

It's Dick second thing. I'm not, I'm going to be a Dick goblin.

Um, but investing in, there are pleasure, there are actual pleasure professionals, pleasure coaches.

[42:51] Um, I'm one, yes, but there are plenty, um, of us, maybe plenty is an, is an overshoot, but there are, there are quite a few of us, um who have experience uh working with black women in particular and not just experience with but like a real commitment to um the joy and the pleasure of black women and i feel like there's this way that we will invest in all of these other things in our lives but feel like pleasure and sex is just supposed to come naturally um and part of that's because that's what we're taught right we're taught like oh because you can get wet you just automatically know like what's going on um and centering your pleasure is also um oftentimes more than sex like so much about centering your pleasure happens before you ever make it to the bedroom um and working with someone who can ask you really good questions who

can um hold what you're carrying without judgment um and without really a commitment to whatever the outcome is but someone who can hold what you're going through. And it's not a therapist, right? I mean, but shout out to therapy. Like, yes, it works. Okay. Amen. Amen.

[44:07] But yeah, so I would recommend like investing that way.

Also, I mean, so if you're a vision board girly, like planning for your pleasure, it makes sense.

So I'm also a vision board girly. I'm actually partnering with Touch by Jax for a pleasure visioning event in DC, February 8th.

You can come to my page and see more about that if you're interested, but you don't, if you, you don't necessarily, um.

[44:33] You need that. I mean, you know, in my opinion, if you, if guided stuff is helpful for you, then yes, but you can put together, you can sit down and actually be thinking about what are some of the ways you want to invest in your pleasure over the next 12 months.

Right. So we'll do that for our career.

[44:52] Right. Well, a lot of times we'll do that for our families. families have a five-year plan oh yeah for effort so many things but not for the ways that we want to feel good um not for the ways that we want to experience um satisfaction right like how do we move beyond even just feeling good and be like yeah this these experiences that i'm having are satisfying um so that's one that's two and i would say the third um is actually like so rewinding back to therapy, like if you're a person who is in therapy and you are lucky enough to have a therapist who is like sex positive.

Therapy and Navigating Blockages to Pleasure

[45:30] Having candid conversations with your therapist also about the ways that you want to expand your pleasure.

Because if there are things that are blocking you from being able to experience your pleasure fully, you want to work through those, right?

And sometimes Sometimes the things that we have to face are the things, are the very things that when navigated, I won't even say removed, because sometimes, you know, especially deeply held trauma is never removed, but we learn how to navigate it, right? And cope.

Calling in Pleasure: Exploring Desires and Game Show Vibes

[46:31] What do you want to call in to your life? What do you want to call in to your pleasure journey?

Love it love it so we're gonna move into the breakdown i'm gonna say a word you say the first thing that comes to mind a phrase a sound whatever okay all right i watched so much game show network so this feels like that okay well the first one black women bad as shit elite, chess kiss elite oh is it one word is it one word whatever comes to mind okay good because all that it was all that yeah wouldn't honey sweet sticky feminist baddie freedom, fisting oh ouch but shout out to them shout out to them shout out to them baby Release.

Climax and satisfaction. Impact. Delicious.
Cat Williams.

[47:51] And last one. Freak. Freak.

Powerful if you're on patreon you just saw what she did with her tongue okay uh goddess honeybee, please tell everyone where they can find you on social media where they can follow you on the, interwebs because social media be hating on sex positive pages but oh my gosh how they can be in touch with you so i've been deleted three times y'all but for right now i mean you know you can You can find me on Instagram at the underscore goddess honey bee.

G-O-D-D-E-S-S-H-O-M-E-Y-B.

Just the letter B.

On Twitter, I think I am at...

[48:46] Goddess honeybee and i should know this by heart but now you know now you know i'm old i've told on myself i feel like all the children all the children know their thing oh look i was i was close so on twitter uh or x whatever it's twitter um yeah i'm goddess honey underscore and the letter b um my website is coming along i mean you can actually i think it is technically live um but it doesn't have anything on it yet so but maybe by the time y'all see this it'll have something on it um so that's goddess honeybee.com very straightforward g-o-d-d-e-s-s-h-o-n-e-y b.com and that's where you can catch like events oh my link tree too link tree slash goddess honeybee um and you can see all of my links all my socials are on there um when i have events or if i'm doing something like exotica or conferences um i try to put that on there too awesome so i will link all all of those in the show notes and on the boonie breakdown.com.

Links to Goddess Honeybee's socials and website

[49:44] So thank you so much. Goddess honeybee. Thank you for having me. This was a joy.

Yes, it was. So thanks again. Thank you. Have a good night. All right.

That is it for this week's episode.

I want to thank the guests goddess honeybee for an amazingly dope conversation.

Be sure to support and follow her as well.

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[50:51] Music.