

The Boonie Breakdown Podcast

Episode 250 - Reject Your Pussy with Shika

Transcript

[0:00] Music.

Introduction and Focus on the Movie "The Brothers"

[0:06] Source for all things responsible and ratchet.

All right, welcome to this week's episode. It's a fun one. It's a light one because we have the homie.

Sheikah is here and we do a shit that hits different.

This episode we focused on the movie The Brothers.

The Brothers often not mentioned in the Black classic movie conversation, but Sheikah and I checked it out. Of course, we had to break it down.

You know, I'm curious to hear other people's thoughts after you listen to the episode and hear what Sheikah and I say.

But you know, after we wrapped up that discussion about the brothers, then, you know, we just did a normal girlfriend kiki. So stick around for that conversation.

[0:53] Next is pick of the week. And this is pick of the week. was escaping through my hands. And I was so happy to finally get it.

I was in South Florida, the Miami Fort Lauderdale area for work.

And I was able to get my hands finally on a bottle of Via Ray, Issa Ray's Prosecco.

In my area, I've been going on her website and putting in my zip code and a few of the liquor stores who said they carried it had like they said they only got like like 10 bottles and it sold out right away and they've never gotten a reshipment they said it would be months before they could restock and so I had pretty much all but given up on trying it because it's like it's just fucking bottle of liquor and I'm not gonna do it but I do want to support like Issa Rae is like the homie in everybody's head and like you want to support a black woman in the spirits industry etc etc for all those reasons now I am in South Florida for work I'm in the Target turn look down the shelves oh my god they sell alcohol in here beer wine wine great look they had it and they had like 10 bottles of it so I grabbed two popped it open and you know I gotta be honest you guys it wasn't bad but it wasn't amazing either at a \$20 price point.

[2:10] I'm going to need a little closer to amazing. So for me, it won't be any replacement to a LaMarca.

I feel like LaMarca is just such a great Prosecco.
So it's not replacing LaMarca. But, you know, if it got easier to get and it wasn't such a fiasco to get, maybe I would buy it every now and there, but it would not be a staple.
So you guys know, I have to give my honest and true true opinion.
Good, not great. \$20 price point. You know, you can get better.
But what I do want to say, Maryland has got to change our liquor laws.
Like it just is so, I hate it. When I travel other places, I can go in the CVS and the Target and the grocery store and just get beer and wine.
Some places, depending on where you go, you can get alcohol.
Like California, I was in the gas station. They were selling alcohol and beer and wine.
So it's just like, why is Maryland so so archaic with these liquor laws and where you can purchase and not being able to get it on Sunday like it's just it's time for a change who do I write get um our hot boy Governor West on the line because we got to change these liquor laws before he goes for president housekeeping.

Housekeeping and Announcement of Upcoming Events

[3:21] Housekeeping come back later please housekeeping not now all right uh feedback from episode 249 thriving after beating cancer's ass with erica easter there was a lot of comments about first of all i was shocked at how many of you never heard the term eskimo sisters um but yeah eskimo sisters for people who still listen did not know did not dm me did not message me in the patreon discord uh eskimo sisters or eskimo brothers are people who have fucked the same person that's It's literally all that is.

So yes, me and my guest had fucked the same person.

But that was not the crust of the episode. But it was a lot of commentary around that.

So if you did not check out last week's episode, it is like such a deliciously responsibly ratchet episode.

Like it's the perfect blend of responsible and ratchet.

And that is the pennant of all that we do here.

And so if you did not check out last week's episode, please go back right after this one and just keep listening. Keep listening and go back and listen.

[4:22] Also, if you're listening to this on Monday, February 5th, if you are in the Baltimore area, if you're in the D.C.

Area, the DMV area, you can catch me.

You know where you can catch me? You can catch me. No, I was going to do the nerd Rihanna song.

But no, you can catch me on stage doing a small boonie live segment at the Sex Ed Pop-Up.

Okay, Sex Ed Pop-Up here in Baltimore. There are virtual tickets.

You can head on over to sexedpopup.com to get your tickets. She has really great sponsors.

[4:56] Vanessa from episode 248. This is her event.

She's some great sponsors, some great giveaways. there's some other amazing guests people have been on this podcast probably some of the other podcasts that you listen to there's some people who I've been dying to have on the podcast to get to meet I'm looking forward to meeting them in person as well I'll be sharing merch so if you are Boonie Breakdown Ratcheteer gang you know go ahead and wear one of your shirts to the event and I hope to see you all there also uh Patreon gang we are having a Galentine's slash Palentine's wednesday little kickback over on patreon gang on monday the was it monday the 12th monday the 12th.

[5:41] It's fucking next monday yeah monday the 12th at uh 8 30 p.m over on the patreon platform so if you want to kick it and hang with us you can go ahead and sign up at patreon.com backslash the boonie breakdown i know i have not dropped the book it's for our book club and i'm looking right at it and I have not dropped it yet but it is on my to-do list I promise y'all I'm doing that this week it's just like the day just like fucking escape I need a fucking assistant I don't know how yeah but excuses but it's coming uh also you know share this episode put it in your insta stories you can follow us on social media at the boonie breakdown or that on facebook, tiktok uh instagram if you want to follow us on twitter even though that page is like dying I I barely tweet over there, but at Boonie Breakdown is where you can find us on Twitter. So that is it for me. Let's get it ready to break it down.

[6:40] Music.

[6:47] All right. The homie, she could see it. Look, we're not wasting no time. Hey, girl. How are you? Tired. I'm so tired.

Dreaming of retirement and financial struggles

[7:00] I am too. I'm ready to retire.

[7:04] Girl. Every day. And I look like technically we got like 20 more years.

Yeah, I think about that all the time. I think about retirement and the fact that I have 20 years to go. And it's just like, I'm just like, I need the lottery.

Like i need some windfall i need i just need it because i'm like i've already worked for two more two decades i don't want to work for two more yeah for sure like i i am done i'm over this shit i've been working since i was 16 years old yeah of course y'all been 14 like i'm over it i've definitely been working since 16 and it's like all right well i've done enough i'm.

[7:43] This is it this should be enough why do I have to keep going so and then I was like damn mad responsible because I was like oh I was asking people like oh how much do you contribute to your retirement right because I was like I feel like I think the max you max it out was like 22,000 a year you can do or something like that by the IRS and I was like damn I'm no I was I'm definitely not doing 22 so i was like maybe i need to do better because like if i put more money in now maybe i could right right yeah i just i'm over it yeah but then i also like hate having to use my money from now for the future like i don't know where the future money comes from but i just

feel like it's not fair that i have to take away from today's fun for the future that's some bullshit
And I've been really intentional with, like, saving...

[8:43] And stuff like that it's all because I just need to go out of here I'm just ready to go on vacation like I really don't I mean yes save for a rainy day but I really just want savings for vacations I mean that's literally it my pocket which is like okay it's great that I could do that but sometimes I want to just be able to take a stash from over here and and a couple things that recently like on my wish list like y'all know like i'm a accessories girl and i was on down on the tiktok today and i had already seen this new coach bag that i liked because coach.

[9:20] It's really had a resurgence so then i saw this other one but i'm like oh this is nylon it has coach elements but i was like oh this is a nice nylon because i was looking for a tote bag, i used to have a ton of tote bags when i used to go to work but now that i don't go to work i don't have really a need for multiple big bags but i do feel like i need like one that my laptop can at least fit in that's cute so i was looking for a tote bag and then this tote bag came up but now coach done did if you look if you went like this real quick you would think it was a chanel bag yeah like the quilting one so i bought a coach bag in october it's the heart quilted one oh yeah those are cute yeah i bought that shit that shit was like what 350 375 yeah like coach not cheap the one thing about coach too is the leather will last right like i have a coach bag from like 20 they will fix it they will fix it the cleaner will work the leather cleaner and the leather conditioner if you use that they will fix your bag and they stay in the test of time this This one leather coach bag.

Temptation of luxury bags and finding deals

[10:32] It's a hobo. It's white with a tan leather strap. And the strap broke.

[10:38] I've easily had that bag since 08, 2008. And I took it to the store and they replaced, they like the strap broke off the ring.

They fixed it. Then charge me.

Yeah. This shit look brand new again. So I'm like, yeah, but I want this coach bag.

And so now I'm sitting here like, Hmm, how, what can I do?

Like, can I make this some type of reward? because it's in a new i'm already a fan of the coach tabby i have the original run from 2020 with the that kelly green that they didn't do again and then i have a little mini white one that i got but this is it i'm showing i just pulled it up to show you like at quick glance yes yes you think that's a chanel bag now chanel don't price me out unless it's pre-loved that's not happening no more but um yes i'm not i can't afford that stuff but i can i could squeeze this out maybe so yeah it's funny me my homeboy yesterday was talking about like luxury stuff and it was like we talked about like david yearman jewelry like i didn't think that's what is in the damn david yearman store today i was like you motherfucker.

[11:52] I do want a couple more David Urien bracelets. I've been looking at things.

You mentioned a tote. I wonder what my work bag is.

I had one from Cole Hawn, a leather bag that could fit my laptop and stuff in. Maybe it's in a closet.

[12:10] I haven't been to work since February 2020, so I have no idea where the fucking bag is. The only reason why I know what I did with the bulk of my big bags.

[12:19] Some of them were like cheap ones from target some of the ones that were more quality i think i still have like two of them but the rest i tossed out when i moved that's why okay yeah so that's the only reason why i know i don't have a lot of them because i tossed some of them like i don't need these it was funny finding like all my my metro pass and my mark train ticket yeah and i would do do the quilted ones by um mark jacobs remember me i love mark jacobs yeah yeah i have a big purple one i used to like when i used to go to new york a lot i used to travel with just that bag so now i'm gonna tell y'all something but y'all better leave some shit for me it's a couple pages that i follow on instagram that will show when and i tell you with certain brands you really don't ever have to pay full price unless it's something that you really want when they drop it if you're willing to wait a season or two or yeah when they're going out and switching seasons you can get a lot of this designer high-end stuff for cheap and um the one page is chasing luxuries i can't remember the other i have to look at but chasing luxuries they'll post in their insta story all the time so like if you're a shoe person manolo jimmy choo mock and mock amina tom ford they will post.

[13:40] At least once a day they're posting one of those it's on sale somewhere manolo and they'll be really discounted like a thousand dollar shoe that you pay sometimes depending on your size you get it for 200 bucks oh wow you're like deeply discounted think about those jimmy chu combat boots we saw in amsterdam oh yeah should have bought them i hate them they came out.

[14:05] Like different renditions years later and now with inflation them shits are like like they're high high high high I was like I should have bought them but yeah that's my little tip like if you look now I'll be like I should remember that because I probably would have seen a pair of cheap but yeah it's a lot of stuff like certain designers like the Chanel's and stuff you're not going to see on there but if you want a Fendi bag you want a Gucci bag YSL Balenciaga they will have them on that page for the Lolo like the other day they had a really nice YSL on one of them sites um see i see some manila blondes for yeah they took it.

[14:42] They they be showing them for cheap and they're reputable sites sometimes it's like bloomendale's neiman's nordstrom yeah sometimes they'll be like the overseas retailers now when it's an overseas retailer you need to be mindful of the duty tax so some of these sites will be like no duties or duties included but then some of them you'll have to pay like 10 when it's delivered to you they'll they'll give you like a little duty slip but it could still be a savings depending on how much and what the item is so oh yes i'm following now yeah they're good for that so that's my thing but it's just like i don't like i think i'm just like tired like i just i don't want to work no no more but i know i need to work right but i want to do all the things and i want to go all the places and i want to buy all the things i want but my money don't go that long yeah i need i

need it to be longer because we were just discussing trying to do a quick trip oh i know and how does like time get away but i will say i did look okay southwest had a sale today like the ends tomorrow but you know how they begin because jet blue had a sale too for like um packages and i was I was looking at some and I was like.

Dreaming of Travel and Instagram Ads

15:59] Like a thursday through sunday situation it wasn't bad but also i was like i don't think this is really a deal that's how i felt like you're just putting a deal on this so but i will i'm gonna look some more this weekend um i've been looking and i didn't fucked up because now all my instagram ads are our travel yeah our resorts and shit and i'm like this is only gonna gonna make me insane you want to go more i want to go and i was just in miami and the weather was, so good was it good well you know what we had it was hot as fuck like i went out on friday yeah i was sad i missed it here degrees so i was out and about for a little bit like i even came home and then my homegirl was like oh our other friend was going was at this other bar and i was I was like, I came home for five minutes.

I was like, let me get the fuck back outside because Lord knows when it's cold again, I'm not, I'm going to be in here.

KG texted me and was like, oh my God, it's 76 degrees at home.

I was like, ain't that some shit when I'm home, I'm missing a good day at home.

Sunday was decent too. Sunday was, I mean, Saturday, that was Friday.

And then Saturday was decent too. Like I did my grocery shopping Saturday so I could just stay home on Sunday.

Yeah. Well, look, I'm glad everybody had some sunshine.

[17:18] You ain't seen it since, mother. It's been days. No, I really, since I've been back, I haven't seen the sun. Like, I don't, the sun wasn't here Sunday.

It's been very sad for me. Yeah, it's just been gray.

Yeah, because I'm up. You know, I wake up at like 515 to 530.

So I watch the sunrise every day. And I was like, mother, where is the sun?

But be mindful and be happy. I am.

The days are getting longer, though. They are. That's one thing I do enjoy.

Because I try to catch both actually sunrise and sunset that's my thing the days are getting longer and you know I hate, I love it for the end, but I hate when we hit the clocks again, because the sun will start getting up earlier.

So for me, I'm not a morning person. I love that the sun is not up before 7 a.m. I love that.

[18:11] I can't. Yeah, my body, my like biologically, I just get up early.

I've always been someone. I don't know how y'all people.

I am not a morning person. like i'm i'm just so jealous like sometimes but while i'm like opening my eyes and i'm not out of bed but i'm opening my eyes and they'll be like she could have finished a workout she could have walked three miles she i'd be like damn i didn't even put my feet on the ground.

[18:38] And that's the thing too like i love when the weather gets warmer like i was telling you before like i'm doing this 12-week workout challenge with this lady on youtube but she has really really good workouts like because i'm i'm i enjoy lifting but it's like i don't feel like i've gotten used to not going to the gym so i'll work out i'll just do it in the house i didn't bought an extra set of dumbbells i feel like i'm about to buy another set and i'm like my basement i'm about to have weights everywhere but i like working out later is just so much harder for me like and i used to be really really strict like oh if i don't get my workout done by like 10 o'clock i'm not i'm doing it and now it's just like since i work from home so all the time it's like whatever like if i try to get it done before 10 but it's been times that i have to work out at 11 or 12 or whatever yeah but yeah i've been so much done like before i'm like damn i ain't even wash my face she get posed all three rings when i was going to the fucking gym i would wake up earlier Earlier, because i went to the gym on days i telework, i would wake up earlier than i did to go to the office. Like, it got to the point that i was waking up at 3.30 in the fucking morning to be in the gym by 4 so i can be ready to log on to work at 5.30. And i was, yeah.

[19:56] That is amazing. i don't have that in me. And it's so funny because i want to. Like, i was like, i want to build that habit because sometimes when you get up early, you do get more done, right?

And it helps me go to bed because i am such a night owl.

Like even though i'm right now yawning and shit like yeah i'm gonna go to bed early i will get a second wind at like 8 30 and just start something and be like and last night it was me trying to do booty breakdown stuff and like plot out some things because i was like fuck i need to get on the good foot because it's february so quickly yeah yeah so yeah i i would like to be a morning in person but it's i go to bed though like that's the other thing you do i don't think like would you that memory you sent me 12 years ago she could must be asleep like fuck yes i am i be in the bed okay i'm going to bed that's my thing i was like maybe if i could do it like one day a week like if i know like, Like Thursdays are the day that i get up early and i can do whatever.

Because you know what i do like on the weekends or days that i'm off?

i do like that i can do my workout in the morning and it's done.

[21:08] But me, i will not get out of the bed to log on to work. So like if i'm logging on at 8, i'm getting out of bed at 7.30.

Right. And it's terrible.

And to compound on it, it's because i probably didn't get to bed until 12.

Yeah. So to give me a full seven, eight hours, i lay in bed, i'm asleep till 7.30.

Yeah. And the only reason i didn't change my work schedule to work later is one, because i love getting off work at three.

i don't give a fuck. Like by three, i'm done.

Like two o'clock, i'm like my brain, i do, you know, numbers.

i'm a like financial analyst. So it's like by two, three o'clock, i don't want to see another decimal point or dollar all assigned so because i kept that hourly of getting up so early i have to go fair that's fair, my numbers even when i was in high school like if it got to 10 o'clock and i said i had homework to do baby's going to bed and i will wake up at six and finish my homework in the morning.

[22:16] Shut off so yeah that's hilarious um all through high school i was doing it my movies i'm just like what are you doing i'm like homework i'm finishing it that is hilarious yeah i um i'm gonna try baby steps because i feel like that's the daunting part because i'm looking at all seven days and i'm like i know i'm not gonna do it so i'm like okay you you can do it to get to the airport and you can do it to go to the braid sweatshop to get braids so maybe if you You just chunk it down and do it one day at a time versus saying all five days because the weekends, that's just not happening unless I got something to do.

So that's what I'm going to do. That's my little commitment. I'm going to try it.

One day a week, just getting up early. And I do try to like, if my body wakes up at five o'clock on a Saturday, if I look at my phone and I see it's five o'clock, I'll try to go back to sleep and at least sleep till seven.

Seven is probably the latest I'll get up on the weekend. because five o'clock on the weekend it's just like what the fuck are you doing what are you doing there's nothing to fucking do target doesn't even open until go to sleep they still got them short ass hours um shit white man doesn't open till six i'd be like she could go to bed sleep it's ridiculous ridiculous so.

[23:41] We said all that to say. Right. We was just going off. Yeah, yeah, yeah, yeah, yeah. Okay.

So, you know, we always do a shit that hits different.

And the other day I was watching a Black movie on Max, HBO Max.

And it, you know how they recommend something. And it was like, The Brothers. And I was like, huh.

Didn't watch that in a long time. So, Taksika, we need to do a shit that hits different. The Brothers. Now.

[24:11] For all of you who don't know, because you're probably like, The Brothers, what movie is that?

The Brothers is the movie that was with Morris Chestnut and Shemar Moore, D.L. Hughley, and Bill Bellamy.

[24:27] That's confused with Four Brothers with Andre 3000. Yes, with not Andre 3000.

Introduction to the movie and its lack of recognition

[24:32] So this one says, follow the hilarious path of four African-American men as they take on love, sex, friendship, and two of life's most terrifying prospects.

Aspects commitment and honesty lifelong friends banded together to weather love's innate terrors and occasional triumphs in this brazenly comic yet painfully true exploration of the battle of the sexes amidst the career track baseball and bar hopping the brothers love women as many as possible but a shocking revelation test their friendship so that was the description of the movie description interesting yeah um so i said we always do this we start with um some of the.

[25:16] The comments here's my overall thing about the brothers just to kick it off it's never included for most people in black classic cinema from that time period um what year did this one come out this came out in 2001 right so you around that time you were having best man and two can play that game and all of them but i never hear anyone talk about this one so this feels like one of those ones to me where it wasn't a bad movie but it's not a black classic either it's not i don't think it's considered a black classic i remember watching it multiple times young yeah we watched I watched it in a long time, so a lot of it was...

[26:05] Almost new to me in a way. I will say that while a lot of the rhetoric is dated, it's also not. It was not at all. It was literally like watching if you took all of the bro podcast and made them a movie.

And like watching your timeline sometimes when it's battle of time on Twitter. Twitter.

I was like, or conversations with friends, right?

Like it was just all of that banter.

Another thing just about the movie itself before we died, to me, it was very like the pacing of the movie was very basic.

And I say that in a sense that every scene they sequence with all the men.

So if one was having a scene with his mother, the next two scenes were the others having scenes scenes with their mother.

We never met Terry, Shemar Moore's parents.

They were mentioned, but you never saw them. But it was like the one scene where Morris Chestnut was at his mother's house and then they flipped to.

[27:13] Bill Bellamy was at his mother's house and then they flipped to D.L.

Hughley at the nursing home.

But they did that a lot. They were in bed and there was a scene with Terry in bed and Morris in bed.

That's how the movie went every time. Unless they were together, rather each of them had their same scene replicated whatever conversation they're having with their significant other or the woman they're you know yeah it just it was very so that was just one thing about the movie itself um.

Discussion about the attractiveness of the male cast members

[27:45] Yeah, so we will get into it. Two things I got to fucking state right here.

Let the motherfucking record reflect on the Boonie Breakdown, episode 250, that Shemar Moore been fine my whole motherfucking life.

Whole life. I was like, damn it. I mean, that nigga is fine.

Great. He look great. Yeah, yeah, yeah, yeah, yeah.

And his body still like, you can see now like when you look at him at present day, like he's aged, but the nigga's still fine because i watch criminal minds and is it criminal yeah he's on criminal

minds yeah he still looks he still looks the same basically um potty still like a nine pack, yeah i mean morris chestnut too i was just like oh yeah morris chestnut been fine my whole life but like shamar moore i gotta google how old he is because i had to go to his instagram page while i was watching it he's 53 years old i'm about to say he has to be at least but he just look at this right yeah like he just had a baby not too long ago right he did have a baby was it his first kid i want to say yes it was his first kid yeah.

[28:59] But Shamar Moore been fine my whole motherfucking life Morris Chestnut been fine my whole motherfucking life, yeah I said those are two fine men now bill bellamy was could have held his own but he had the mustache yeah i'll i feel like and i think the last time we did this i forgot the movie love jokes yeah i feel like bill bellamy looks better older like he didn't look bad young but i just think he looks better now yeah because i was gonna say like to me the odd one out was dl hugley like all the scenes that they were playing in basketball D.L.

Hughley would have his t-shirt on whatever yeah like he was like the homie like the yeah like he wasn't a sex symbol yeah yeah but like I will say D.L.

Hughley has had a glow up with money and age I must say it was he wasn't ugly when it was the close-up of his face he wasn't.

[29:57] Unattractive no he's not ugly he had a good face um I guess maybe because maybe he wasn't so muscular maybe he was just like a naturally slim guy he had the eyes working for him yeah the eyes are really not that's what it was it was the close-up and I was like you know I forgot he had those eyes until you know yeah it's the eyes that that worked for him but yeah D.O.

Wasn't no slouch but when you got Morris when you got Morris and Shamar and then you got Bill it was like oh But he wasn't a slouch, so I will say that.

But I just had to say, I was like, damn, more...

Shamar more fine as shit. Okay. And it wasn't giving like...

[30:44] It's corny like even though at the little bachelorette when he was dancing it was kind of giving me the flashback of fucking uh soul train i was like oh he still got these he sat down he was like it's a stone cold groove i was like yeah yeah no he's corny and shit um but handsome nevertheless yeah he's fine i also wanted to point out somebody give her her flowers course vanessa bell calloway i don't feel like her name gets brought up a lot about being fine and yeah i was like ah she's fine too um and so when she was a therapist i was like also our whole life which i forgot about i was like he would have a fine ass therapist like.

[31:29] Of course yeah yeah r.i.p to kim porter oh my god when she popped up i was like he popped up i was was like that's kim porter and it just threw me especially considering what's been happening the last six months or whatever i was just like oh rp that one blew me because i just never knew that was her in this movie so i'm like i feel like we it just she wasn't a popular name in the household like diddy and whoever he was messing with but she wasn't like a name that we threw around like So that was shocking to see. And I was like, but it was nice to see too.

Surprising appearance of Kim Porter in the movie

[32:15] Last thing before we get into this plot.
How come Tatiana Ali didn't have more of a career?
She was also, I forgot her role in this too. I forgot she was a sister.
She was great. She was great.
It's probably this fucking industry.
You just think she had the look. She could sing. She was a pretty girl.
I remember her song in her video. Yes. Was it?
What's the song? I don't remember how it goes, but I can see the video.
That's my fucking photographic memory. Like I think that's not a daydreaming.
I wasn't. I think it was. I can see the video, though, because I remember she had outfits and her hair was away. And I was like, oh, I want to do that.
I think it's every day and night. I think of you.
Shut up, Kenny, because I know you're listening. You're probably like, why is she singing? Shut up.

[33:19] Is it boy you knock me out was that the video no i think this was it it was daydreaming oh daydreaming with peter guns yes and lord tariq yes yeah i remember that yeah i remember that song i mean i know maya campbell had um she had like drug and mental health issues but but i just feel But like a lot of the girls just from that era, once they aged out of being like little sisters, it was just a hard fit because it was like.
I think, too, back then, too, it was probably tough from being a child star and then wanting to go and move forward.
And then you become, like, sexy and maybe that's conflicting, confusing.
Yeah, because I'm looking at this like she did a few things, but nothing really noteworthy.

[34:17] Except for recently doing Bel-Air. she was in bel-air but i'm saying like she did it said love that girl main cast seasons one through three i don't know what that is love that girl why does that sound familiar let me look but the only thing i was going to say that i remember her being a part of after fresh prince she was on young and the restless for like five years i do remember that that was my mother's shit yeah yeah you know and then she was on like that episode in living single because she was um um khadijah's little sister yes i do kind of vaguely remember, love that girl don't think i've watched it but i remember like seeing these people yeah i don't remember that much but those are my notes about the people themselves yeah plot wise Okay.

Start of the movie plot with Morris Chestnut's character's commitment issues

[35:16] It starts out with this dream. Morris Chestnut's character keeps having these dreams. Right. That a woman in a wedding gown is holding a gun at him because he is afraid of commitment.

[35:31] Dare I say they're making him somewhat of a clairvoyant because of that?

Because then at the end here whole girl what he did with the wedding out of the gun are you psychic to my nigga like what's happening that was uh interesting this is another movie and i think we talked about this maybe we did love jones about how all of this rhetoric we get and maybe we're saying this because we're on the other side by quite some years but he was turning 29 and Terry Morris Chestnut was turning 29 Terry was like I'm 29 years old it's time to settle down and love and happiness and all that other shit and I'm like 29 is not that old I will say though I will say though young Chica probably did think at 30 things would be, way different like there's into the distance as it's almost 10 years we're well on the other side but you know I think there was the idea and I think it was common the idea that you'll settle down you'll do marriage and kids and shit like that by 30, especially growing up in like the 80s and 90s I mean it's definitely the case of the shouldas like this is something I should do I have to do.

[36:57] And but it's just so funny like how all of these, messages are programmed into us like and that's right yeah that's where we get it from too yeah science wise it was in our media movies are all the things we intake it's like yeah this is where you should be at 30 and it's like shit life is just starting at 30 for real for real listen so money you could do that's gonna get real yeah you got a little coin there fun 20 fun i think this is what i took away from this movie and why it hit different was that it was a lot of these tropes and a lot of um the should messages right the one that you should settle down by the time you're 30 and you're supposed to get married and do these things even though terry clearly did not really want to like.

[37:54] Like, I don't think he wanted to. Yeah.

They all had this fear of commitment. And then his girl, Bebe, was like one scene when they were like having sex.

And she was like, I shouldn't be doing this with you before the wedding because I'm a good girl. And that came up like another time in that conversation with the girls about being a good girl and not a slut.

And it came up with Gabrielle Union because they fucked on the first date.

Mention her, but yes. Oh, I'm getting a Gabrielle Union.

Not even that even in the married couple she was like oh yes dick is nasty and i was like yeah because i wrote that down when he was like she was like are you going to tell she's like because it's nasty he was she was like are you going to tell your daughter to suck dick and he was like yep right after i tell her and don't give you cancer but i was like that was great to take the fear mongering asked him if i had a dick would you suck it he was like yes the fuck.

[38:55] I laughed deeply through it I will say I did I did like I don't think it aged terribly at all I agree like it wasn't cringy but it was like this is funny that these conversations 23 years later are the banter still of everyday life right on podcasts on social sure for sure yeah and so that was funny to me because i was picking up all these little things, he was funny and shit then you had the quintessential storyline of the brother giving up on sisters and going to date the white girl yes that was that can i say though something that i felt that we are missing maybe a little bit more present day is that the whole movie did After the dream Started with him At fucking therapy And I was like.

The importance of therapy and personal growth.

[39:53] It did. Niggas need to go to therapy. It did, because look what it did for his life. I mean, I was impressed. I was like, you know what? I don't even remember the therapy portion of it. But he was actively going. When he tried to quit his therapist, he was like, listen, sir. Get out of here. Don't do this. Listen to me. But I thought that was so, I don't want to say brave, but I think it was just like not a thing that was really necessarily talked about because it wasn't like they had him being like some type of crazy person you know crazy person but it was like no he was really going to therapy trying to figure out his shit and I was like yeah that's a good point that I had not harped on but you're right it starts with him in therapy um him consistently going to therapy and talking about it disclosing to his girl that he was in therapy um he did Nick kind of used it against her when he was like, don't do this over reverse psychology bullshit on me. But he was actively trying to better himself. And look at the end. It helped him work through his commitment issue and get over Denise dating his father.

[41:09] Yeah. Now, Denise. It's funny to me. Gabrielle Union. Well, back it up. Clifton Powell and Morris Chestnut being father and son was great casting. I loved it. The scene where he gets upset at the surprise birthday party and Clifton Powell get in his face. I said, there's some good cast in there. Because for a second, I was like. I'm still your fucking father. Mom and dad i loved him and jennifer lewis together too she goes.

[41:48] She's a stinkhole she's like no that was some funny shit jennifer lewis i feel like if you started a venn diagram she has played every black actor's mother in some capacity in hollywood yeah her character though um, i do think it's so interesting because i do think she set them up with the whole trope was like oh if a man really loves you oh i was saving that for last baby girl okay okay well we can wait because we gotta get there we gotta get there okay because i'm actually whatever we'll get there okay we're gonna get there because i was like oh wait a minute so gabrielle union i don't understand why she has to talk through her teeth because she doesn't open her mouth and when she talks every scene it's like don't don't touch me like it's just like open your fucking mouth she does does not open her mouth like i can't think of what his name was what's more chestnut's name in this movie.

[42:55] It was Terry. I have no fucking idea. I can't think of his name and I literally just watched it. I just watched it a couple albums ago. It wasn't even that long ago. Jackson, Jackson, right? Jackson, yeah. You're like, Jackson, don't throw it all away. We love each other, Jackson. You know how she talks in regular life, maybe? Every movie, it bothers me.

Even if you can play that game, she was like, so don't get mad she couldn't control her like why don't you open your mouth again work and deliver us from eva because she was just a bitch so dave like she was just literally talking through her teeth because she was being mean she does not open her mouth i did not that at all.

Gabrielle Union's unique way of speaking.

[43:42] And i was just looking at this movie and i think it was clear to me because these are her old teeth were also right like her original teeth so i was just like oh look at their original teeth and then I was like oh my god she doesn't hear so I'm like that's just her thing I think she does not open her mouth so she's just like yes I am maybe because I kind of talk low but that's I guess I you open your mouth you open your mouth it's open right now she's just like Jackson come over here and kiss me, it bothers me so much, okay so that was my only thing I wanted to say about her Jennifer Lewis broke down.

[44:27] Because they were having this whole little talk after the bridal shower she threw for Terry's girl.

[44:35] Because Fred was throwing Terry's bachelor party.

So she threw the bat. And I was like, this is funny because Terry ain't had no parents. Like, he was the only person who had no parents in the movie.

Where was his parents? I don't know where the parents were.

I mean, you know, people's parents die young, you know.

No, she said it at the bridal shower.

Hour she said thank you for showing this terry's mom was so happy so they were alive i guess they just didn't want to cast for it they had no casting um she sits them down come on girls let's talk and she's like i'll tell you the secret if a man really loves you and y'all cuddled up on the couch late at night and it's one piece of chicken left and he gives you any food yeah and he gives you the last bite that lets you know he loves you so we see twice in the movie after she says that, BB is laid out with Terry and Terry eats the last piece of food so she goes sad face, then you see Denise after Jackson says I love you and she's like oh you gonna eat that last piece, he was like oh yeah I forgot about it right in her fucking face and I was like, And then she was sad, too.

And then I just laugh because we make up all of these little...

The Last Piece: Love and Possessiveness

[46:03] Colloquialism thingies about how a man really loves you but i'm gonna be honest that shit seeps into niggas brains as well because i distinctly remember in my 20s someone that i was dealing with like was like about to give me something was like oh shit no that's my last and i was just like i was about to say same same i remember distinctly why are you a child child I remember twice of anything that I forgot so much about this movie but I did not forget that piece

and I, was literally like I was definitely like late teens maybe early 20s and a boyfriend at the time we were at TGI Fridays and he gave me his last Jack Daniels shrimp and.

[46:58] Shift moving mountains okay but then i also had a guy that i was dating and same thing happened it was the last piece and he damn near flipped the fucking table over he still gave it to me but i was just very much like it was on his mind that same sentiment like oh shit i'm about to give her my last you can't have that last chicken wing i was just like what does what no niggas thought that too they thought it too and he did it was and it happened same person it happened more than once and i was like yo why is that that's your marker for love fine but also are you afraid, maybe he was chica about that maybe he was.

[47:47] That was crazy right get the fuck out of here i would get and see and that's the thing too like Because if it was something that I had the last Of like I wouldn't mind That would be the flip side of shit Like if I gave my last It'd be like oh you Okay well grow up.

[48:05] A thousand percent i was like oh wow this is this is a thing where it's not i don't think like that but i was also like oh so you feel that i love you because oh okay great no i definitely had a goddamn near bust the table down trying to ensure that i did not get like that he was clear that he was eating the last piece and I'm like okay so sad it's so silly so sad but in that same scene Tatiana Ali does something funny because she's like you have to reject your pussy reject your pussy, when she said that would I tell you I hollered because I was like I mean yes you do have to reject your pussy sometimes but also it's not going to always work because I got the sentiment of it especially in the, I mean, though the mom and dad got married, like, Clifton Powell and Jennifer Lewis got married, like, later on.

Rejecting Your Pussy: Funny yet Relatable

[49:08] But it is the idea of that.

Embracing Casual Sex and Rejecting Societal Expectations

[49:14] Okay, maybe I'm lying because I don't think I don't. Okay, I get the idea. I get the logic. Sometimes, yes, you just really, your pussy is talking for you.

And you really want that i mean i'm not one to reject my pussy i don't think um are you sure, i mean here lately maybe i have and not because of anything in particular i just you know when she gets old in a way like it's like i don't know me and my friends were talking the other day um shane had some cards and we were like asking questions and like not everybody can do casual sex i get it not and a lot of my women friends that's not a thing i am okay with it like i don't have uh it doesn't fuck with me mentally and emotionally as much as maybe it does other Other people, especially if you consistently have casual sex with somebody, I understand how that becomes complicated.

So in that sense, I can understand the you got to reject your pussy because sometimes it's like, yeah, I'm not being maybe...

[50:30] Fulfilled or maybe i'm not getting what i'm looking for like yeah i might be seeking a relationship but i can also have casual sex like to some people that just doesn't make sense and it seems like you're wasting your time having casual sex this is something else you really want where sometimes i am of the mindset i need to have sex the rest needs your back broke the fuck out yeah the rest will come when it comes but i don't feel like you know god or the universe is like bitch you fucking and you want a relationship so you're not gonna get it like yeah i don't i don't subscribe to that either subscribe to that but i will say you you definitely told me put my pussy on reject my pussy last week i did definitely did i told you that for a specific reason but I told you that while also talking to myself, because I believe I had to go scroll while you were talking I went and scrolled back up and you said well.

[51:39] But it could also be a nod from the universe to take things a little slower to see if your feelings are enough for the blank you know, and you put your pussy completely up up is just saying you need to reject i'm gonna say as a casual as a person who indulges in casual sex um i don't regret any of it that i've done can i say that maybe sometimes i'm quick on the draw maybe maybe but i also don't feel like that is the reason why maybe me and somebody i'm can't really be having sex with. It's not a relationship.

I don't think that, but I do think that especially if I'm having spurts and not having sex, like it'll be like, would I fuck yeah let's fuck you know and as I'm getting older I just feel like, a little bit more stingy just with my energy because not everybody because I because I do feel like sometimes if you do take a little bit more time maybe you get to know the person a little bit more you might come from oh I would like to fuck you to like I don't want to fuck Yeah, no, I can be mature enough to say that is the case.

That is a thousand percent true for sometimes.

[53:06] I'm putting a pin on this. Okay. To wrap this up.

So that's what I'll say. This movie overall was funny. I think it aged well still.

I don't think it's a Black classic, but it has a lot of the Black superstars from other Black classic movies.

Means um but one of my favorite lines from this she's like it was bill belly bill bellamy and his mother and he was like i forgot how fucking funny that scene was and he was like mom you can't be mad because dad left a white woman he was like yeah he was like she's not white she hawaiian she's like anybody who not black is white he was like mom what if she was mexican she's like a white woman with a taco he's like no she was asian he goes a white woman who don't speak a of goddamn english yo that shit is funny as fuck i don't know who wrote that line but that shit took me out of here and i was dying no that shit was hilarious because mom oh and that lady i forget her name but i remember her in movies back in the day and i really did enjoy, her too she was like a comedian too wasn't she yes that's what we probably know her from from like a deaf comedy jam something like that but I agree with you that.

[54:28] I agree with you that I don't think it aged terribly.

Like, I did not cringe in the movie. Any part of it, honestly.

I did not cringe. And I laughed out loud several times. I was like, oh, this is, it was funny. And so I enjoyed that.

Yeah, no, it was several times that I was like, you know what?

This was funny. I was never rewatched.

Yeah so if you have not checked out the brothers it's on hbo max we've been watching it in a while no black classic but it's still a funny funny watch now i'm coming big to what she was talking about putting your pussy rejecting your pussy maybe that's gonna be the episode title, i like that so.

The Conflicting Desires of Women in their Sexual Prime

[55:27] It's this overall trend that I hear from a lot of women our age who are exceptionally horny like exceptionally horny and would love to be fucking all the time however, have no interest or desires to To engage...

With members of the opposite sex if they're hetero to get the sex right like i want the penis sometimes but sometimes it's not even worth the interaction to get fucked and yeah i know a lot of women who are struggling with that myself included where i was like you know what i sent sent out a unsuccessful, friends with benefits invitation.

Seeking Consistency in Sexual Partners

[56:30] Oh, okay. And I'm going to send out another one because I have to find someone while I'm still looking for a partner.

Like, I have to find someone I'm fucking regularly and who can fuck me good.

Yeah. So I felt like you had kind of had a friend with bennies for some years like you I do, they're still there but I can't get the consistency I want that you want yeah so that is difficult um, so yeah if I need consistency across the board I need consistency when developing relationship but I also need some consistent good dick, yeah I'm open oh god it's so crazy because it's like, I feel the same way, but I'm also willing, like, I've tried.

I've tried.

I went on two dates in December with, you know, different people, and I was just kind of like, I don't, I didn't even get to the point of feeling like, oh, yeah, I would have sex with you or I wouldn't.

I no longer speak to one The other one kind of like.

[57:52] You know, when I told him, like, yeah, I don't think we mesh well or whatever, he was like, oh, can we still, can we be friends? And I was like, sure. No.

I said, sure, you know, being nice because it's like, nigga, you don't know me. We're not going to be friends.

Like, that is just something for you to say. Like, you don't want to let go, whatever, whatever.

He actually invited me to a date party on Sunday. And I was like, yeah, no, I'm not going to make it.

But it's also like...

[58:23] When I stopped fucking with people too, like I kind of stopped fucking with people where it's like a clear cut.

This is done. So I don't have backup plans at the moment.

So I've just not been having sex, which I don't love.

[58:43] But I recently had like a mistake hookup with somebody.

[58:51] Wait, special my family's texting about the family reunion you're saying mistakes look up what what is that what do you mean work that down, so i had not had sex with this particular person for a while okay and i was good with not not right like part of me still wanted to explore it because it was good and so i'm like i kind of wanted more of it just to be like you know a little gluttonous like i should be able to enjoy this it was good let's have some more but it had been some time so i was like okay it won't happen that's cool fine but just on some random shit i don't know how it like it was such a mistake they because I don't even know how it happened like I text about something else and then it was kind of like all right I'm gonna pull up and I was like yeah right because we had been like I had blatantly asked for dick before and it's been some him and Han and so it was like no I'm coming and then they came and it was really on some like 20 minute 30 minute smash it get the hell out.

[1:00:15] Enjoyable though and that's a problem because that's the thing this is a good time this is the thing I still want more, And so I think re-jumping on it was detrimental because the inconsistencies.

Needing a Sex Contract for Consistency

[1:00:33] Like, I need consistency.

You can't back up. Yeah, I need a sex contract. I promise to fuck Boonie at least two to three times per week.

That's some shit I need. Or I text you like, oh my God, we don't have to do that.

I'm really at that point right now for my sanity's sake.

Because sex is really a good stress reliever oh baby we were just talking like literally.

[1:01:02] The week leading up to my um cycle like I didn't know what was going on to me but it was like I need an orgasm every day like every day I had to come I don't give a fuck what I was doing and you know something else I noticed and I think I mentioned this before and I think it's the um, the hormones or whatever your your levels when lifting weights yes horny so baby i said this to somebody a man who works out a lot and i was like i be horny as fuck working out like i don't know what it is like the especially when i'm lifting weights workout bless it up don't let Let me be doing lower body.

Yeah, like, isn't the contraction?

But also, it's the hormones and the endorphins, I believe, you release during working out.

Yeah, last week, every single day, I was like, you know what?

I have time to blast off because I just need it.

And then something you mentioned in last episode that you said your gyno said, as we get older, our bodies are like, oh, you have one more fucking chance to make a baby.

So like our libidos are only going higher and it's just really...

[1:02:21] It's not right to this yeah it says women between 27 to 45 have the most strongest sex drive of their life yeah so i'm like damn we still got like five more years six more years for this shit to keep revving up like i need some nigga to rise to the motherfucking occasion i i just don't understand why it's so hard i reciprocate we gonna have a fun and good time but i need the consistency i'll make a a sex a sex buddies consistency contract no you should and here's the thing okay we're different in ways we're really like we have similar ideals and stuff but we're different and i don't know what happens typically um.

[1:03:23] Because i feel like when i was younger i could have a pay who partners for longer something happens though your little cancer heart took over no it don't be me oh it don't be me oh that was you saying it was you oh it'd be the biggest oh and i'd be like you know i'm the type person you know being a cancer and whatever else it's like i i don't have sex in different ways per se i'll say that so a lot more different ways because i think a lot of times people be like or like dudes or you'll see the conversation go around it's like oh i don't be giving you know grade a dick because that's not my man whatever like i'm gonna fuck the way i would like to fuck whenever I fuck like that it's going to be that and I think we are different I do hold back on some motherfuckers yeah I don't know if I know how to do that I mean I'm trying to no I'm not even gonna lie I don't know how to do that so I think sometimes it gets confusing okay I will have sex a certain way but still not maybe open up and be as vulnerable as one may expect.

[1:04:46] Because of the way so some motherfuckers definitely have never seen me be nasty as shit.

[1:04:56] I mean, okay, I'm not going to say everybody seen me be nasty as shit, but if we do it long enough, I'm definitely going to be nasty as shit.

For me, it's an energy thing. For this person in particular?

Then I'm giving it right back. Some people, I can't hold back.

Some people from the jump, because I just feel the magnetic chemistry here.

Holding Back or Embracing Nastiness with Different Partners

[1:05:22] So sorry if you think I'm a whore afterwards, but it was a good time.

Yeah now some people though i i don't what is our problematic face say some people i slow walk the freak with because for reasons i don't know what it is but and i guess for me i this may

sound so fucking backwards because somebody's probably listening like boonie well how can you say that but you're fucking them and what i'm about to say is i think for some of them i don't trust them.

[1:05:58] In what way i don't think they have my full trust but trusting what trust in is it a thing of talking about it is it a thing of safety physically like i think it's more of, i don't trust them to not judge and or talk about it okay okay i'm gonna be honest with you because i can be the opposite where so last year yeah it would have been 2023 and i was dealing with this person casually for maybe like six months or whatever Whatever.

The first night, I, it was like really awesome, like no-holds-barred shit.

A Wild Night, No Intention of Talking Again

[1:07:00] And I'm of the mindset that if I get wild, wild, I might make up in my mind that I have no intentions of talking to you ever again.

But it's just like, oh, that was a night. Like, that's just how I felt for the night. That was enough. Thank you. you and I'm great goodbye back over here right and I attempted that but um he ended up hitting me up and was like oh we should we need to do this again and I was like and I told him shut up I was like yeah I had no intentions of speaking to you again like I didn't feel like we needed to do that again like it was a wild night we had fun like it was it was like hours like like literally till like two three in the morning like oh those are fun nights like I need a night like that but you know doing this for probably like six months but um I think where I say the disconnect comes in is because like he also kind of like just vanished and I was like you know I've been told, I've been told by men that I'm hard to read and for me it's just like you don't have to read me if you ask just ask me just fuck me.

[1:08:23] You could just do that but also you can ask me if there's a question because I can be honest and answer your question but I think sometimes um men are used to a certain level of attachment that might come with catch-all sex from women and I just am really good at compartmentalizing all of that that is one of my skill sets even though I have a cancer heart I'm a fucking Leo and a Virgo rising so like I can really, compartmentalize it where I might not be giving you that much emotionally Emotionally?

But next time I have a good time. And I think that's jarring sometimes for men. And interesting.

They be like, I'm going to get this bitch before she get me.

And I'd be like, oh, you are getting got.

Homework Assignment - Not your typical schoolwork

[1:09:23] Like you didn't have to like fall off the face of the earth.

But here's your homework assignment.

Oh, God. Do I need to write this down? I hate this.

I actually hate this. Okay, she got a pen and a pad.

No. The homework assignment, both of us. Okay.
I need back blown out, our sweaty, nasty ass sex. That's what I need.
Adrian. Not together.
And not you saying my government.
I was like, Like, who the fuck am I having sex with?
I don't know either. I don't know who I'm having sex with right now, but, you know, I'm. I take the challenge.
Yeah, because I, I am closer to the, to the year mark than I am not. Wow.
Wait. Wait.

The First 90 Days: Coasting and Self-Pleasure

[1:10:32] Yeah yeah yeah i'm closer to the year mark than i'm not which crept up on me i don't ever once you get over the 90 the first 90 days first 90 days it might as well be three years it's coasting you're coasting and and the thing is for me is that i'm never going to deny myself orgasms like that's not what's happening she could is saying let the record motherfucking for fleck that while she has not been fucked in almost a year she has thoroughly fucked herself.

[1:11:04] All the time it's happening i can make it three minutes i can make it 10 it just baby let me tell you something you get yourself out of there in two minutes you'll be like whoa the other night because i was doing something for work i was out of town for work and i had some nerves which is unlike me i'm not a very anxious person but sometimes you know nerves are natural yeah and i think for this one i had a reason why i had some nerves but i had a little bit and i was like oh my god you have to go to sleep like baby it's just amazing what you can make your body do in a minute and a half because i didn't pack no toys or nothing jesus and uh this is it and I was asleep and slept through the night let me tell you something and I rarely this is how I knew I was on a rampage the other week because I I'm more of a daytime, selfie girl because a lot of times it's like I'll be up at three in the morning right and then it's like I'm working or like I work out early and then after the workout I'm like okay let me go bust and then I can get back to my day but last week oh it was right before bed I was chilling watching TV and like I can't do this so yeah um.

[1:12:29] I'm gonna stop but that means I have to meet somebody I have to do a whole lot of shit um which can I maybe, I delete niggas well then don't, so I guess we'll meet I'm gonna get that's your charge to meet somebody okay my charge to meet somebody and then I'll think if I can run back another faithful I only have like really one that I know I could run back without judgment.

The Desire for Easy Relationships

[1:12:59] This recent one, I would like to, but I just, I don't know.
It just seems like it's too complicated. It's just too much work. I want ease.

I just want to ease into the penis. My casual shit has to be easy.
I'm not jumping through hoops for dick.
I'm not good on that. Yeah, my problem is that...
But I blame my Sagittarius nature because I want more than my Sagittarius-ness is like.

[1:13:29] You are more and i feel i feel unfulfilled by it because i i do know that we just have not scratched the surface yeah y'all haven't really got into the y'all haven't had enough sex to be like got to the nitty-gritty so to walk away yeah my problem is i delete people's existence like yeah i mean some people are deleted like i'll delete your phone number i don't know deleted but.

[1:13:59] There's one that I know I could hit with ease that you know I may just have to you know, do a rescue 911 dig me down I got into my throwback but I mean I think that if I sent him an Instagram message maybe he said look don't be out here, just making anything happen it will come to you will it i believe okay yes i'm willing to do it yeah we're not gonna reject our pussy i've been in peace i've been in peace yeah i'm not disturbing it i'm not disturbing my peace you're absolutely correct so maybe something will come in i mean i'm hearing you know the astrology girlies things i listen to which i need to book mecca i never did it when i talked to you about oh you said you were yeah i forgot i'm gonna look at her tonight and see but i'm hearing this is the year for me to like like relationships are coming up as more important.

[1:15:01] So i'ma see we're only one month in and um i have not been putting myself out there as much just because i've been enjoying you know nigger freedom good for you yeah i i mean i that's the part because it just because i do like men energy i like being around men like i have guy friends i I hang out with like I you know what I'm saying I don't hate men but getting to know niggas can be so difficult and also getting to know niggas who want to you know either fuck you or whatever whatever they be just want some weird shit and I just be like yo I don't have the energy for this game that you're playing.

[1:15:46] I like it straight up, no chasing. I know people and men all think that women who say that don't mean that. They don't believe it.
They don't believe it. Please tell me, do you want to do this?
Yes or no? Check a box. Maybe I'm confused.
Something, but like, tell me straight up so I can know what I'm dealing with.

Believing in One's Words and Affirming Self-Worth

[1:16:06] And then I can make a conclusion of what I'm going to do. Yeah, I don't understand why they don't believe it.
Because believe my words, believe what I'm telling you. Yeah.
And it's so frustrating. So, well, that's our homework. I am.
I'm receiving the assignment. I won't be writing that down. I'll be writing my numbers in here.
I won't be writing that down in there. There's your affirmation. I am bold. I am powerful.

[1:16:33] I am sexy. I'm worthy. I'm free. Responsible and righteous. Yeah.
There's your affirmation, bitch.

Embracing Your Inner Power

[1:16:42] I'm going to try. All right. All right. There you go.
Your pussy's not a quitter. All right, friend. Don't reject your pussy.
And that's our sign off. All right. That is it for this week's episode.
I want to thank the homie Sheikah for stopping by.
I want to make sure that we all hold her accountable for her homework assignment. Okay.
I want each of you listening to not to reject your pussies as well.
Okay. Your pussy is not a quitter.
Your pussy is not a quitter. All right.
Patreon gang, be sure to mark your calendars. You know, we're rolling in the Galentine's Day.
So I want to see you guys all there. Hope to see some of you at the sex ed pop-up as well.
It would just be so amazing to just see some of Ratcheteer gang in the audience.
And if you enjoyed this episode, I encourage you to listen, subscribe to the podcast on Apple Podcasts, Spotify, Amazon Music, iHeartRadio, YouTube, or any apps that you listen to your favorites on.
Don't forget to leave us a five-star review in Apple Podcasts or Spotify.
You know it helps us out a lot follow us on all social media share the episode with those you love those you don't love those you fucking hate i don't make these pretty images for nothing okay i have a dope ass week thank you for listening stay healthy safe and sane and remember, the ratchet and me will always honor the ratcheting you home i stay until next time.

[1:18:09] Music.