

The Boonie Breakdown Podcast

Episode 249 - with Erica Easter

Transcript

Introducing OMG Yes - A Resource for Pleasurable Sex

[0:00] Are you ready to spice things up? Did you know that generous and curious partners use OMG Yes together?

89% of couples reported more pleasurable sex after using AMGS.

And are you wondering what AMGS is? It is an online resource with access to over 300 plus honest and funny interviews, demo videos, animations, infographics, and how-tos.

It's for everyone, women, men, and couples.

And if you want to learn about angling, squirting, edging, how to use sex toys, or just curious about learning some more stuff, this is the place for you.

There's no monthly subscription fee, just a one-time fee.

Visit the show notes of thebooniebreakdown.com for more information on O-M-G-S.

[0:41] Hey y'all, it's your girl Boonie and you're listening to the Boonie Breakdown Podcast, your source for all things responsible and ratchet.

All right, all right, all right. Welcome to this week's episode of Boonie Breakdown Podcast.

It's a good one. It is deliciously, ratchetingly, responsibly amazing.

That's the only way I can describe this episode. It's a good one.

I love when episodes take an unexpected turn.

They have a great conversation.

So in this one, our guest this week, Erica Easter and I have a great conversation about her breast cancer diagnosis, how she worked through her treatment, what was her motivating force for healing for pushing through and I got up all in her business and she was great about letting me get all up in her business because I had to ask her like were you still having sex while you were going through therapy like did your your desires and all that stuff go away but she's very honest and open about how her cancer diagnosis and treatment and beaten cancers has changed her life now also, We make a very interesting discovery about ourselves in this episode.

And because I love y'all so much. And I said it was responsibly, deliciously ratchet this episode.

We're keeping it the fucking episode.

[2:06] So you, no, I promise you. I know I say it every week, but I promise you, you want to stick around for this conversation.

We're going to hop right into my pick of the week.

[2:17] Patreon gang already knows this because we've been going in on it. But my pick of the week this week is the traders i'm late to the game i did not watch season one but i started with season two and if you've ever played the game the mafia it's like a, a game you know you've played it with your friends my friends and i play it a few times we play it often we like it we're fans of the game the traders is essentially a game show, reality show that's based off of the concept of the game of mafia if you've played it um it's so good alan cummings is so fucking dramatic as the host but he's also the perfect host for that show and season two all of the players on the show are former reality show stars so you have a bunch of housewives you have big brother people survivor people below deck people people from the bachelor um even some of our old friends from the mtv real world challenge days are on the show but it's a really good game of mystery psychological play and backstabbing. It's so good.

Pick of the Week: "The Traders" - A Psychological Game Show

[3:18] Patreon gang and I, we've been talking about it over in the discord and I'm loving it. And I love it so much that now I'm going back and simultaneously watching season one as I'm watching season two, but check it out. The traders over on Peacock housekeeping.

[3:36] Housekeeping come back later please housekeeping not now all right housekeeping uh last week we had an episode with friend of the pod uh vanessa avagis team and someone i was like boonie this episode was good you were so right we all needed a refresher on our sex ed but i gotta admit i didn't i haven't seen all the bb content all the bb content that you had mentioned but nonetheless it's too much and i agree with you and vanessa people need to put the fucking cameras down and just live fucking life so if you did not check out last week's episode go ahead back sex ed refresher with vanessa of vagestime it's a fun conversation and you know where else you can see vanessa and i together in person at the sex ed pop-up february 10th i will be there selling merch uh you know my merch is a little cheaper when i do it in person um also we will be doing a small little 15 minute segment on the Boonie Live on the main stage.

[4:40] So you want to head on over to sexedpopup.com to grab your tickets.

I think early bird pricing is done, done, done, done.

But Vanessa has done a really good job in securing giveaways and all the great things for this event. So I hope I see you there.

And like I said, Ratcheteer gang, just go ahead and wear your merch so you can be identified in the crowd.

All right, you know how to do it. You You guys never let me down.

So I hope to see some of you there.

And if you are not local to Baltimore or to the DMV, then I believe Vanessa is selling a virtual ticket for the main stage.

So you can at least see some of the stuff on the main stage as well.

So just again, head on over to sexipopup.com and we'll see you there.

You wanna know what else is important for you guys to know?

[5:24] There's only four more episodes in season 13 of the Boonie Breakdown podcast.

That's right. We're wrapping this season up. Four episodes left.

The season will run through the end of February.

And we are going back on hiatus. You know what I do.

But I can't believe this season went so quick. We started in October.

And here we are. Even though January has been taking the longest.

January is always the longest fucking month of the year.

It takes six months for January to go by. And the rest of the months get the fuck up out of here.

But anywho, four more episodes left.

If this is your first time listening, welcome. I appreciate you.

The doors of the Boonie Breakdown are open.

And so we invite you to partake in this fellowship, to join the Ratcheteer gang.

And you can follow us on social media, Instagram, Facebook, TikTok, at the Boonie Breakdown.

You can follow us over on Twitter at Boonie Breakdown, right?

You can share these reels.

You can tag it. You can put it in your group chat. you can drop the link to the podcast episode just push get that word out there that's all we're about here spreading the word and the good gospel of the responsible and ratchet lifestyle all right, I am ridiculous but uh I think that's it yeah that's it for me so let's get ready to break it down.

[6:40] Music.

Reconnecting with a Soror for a New Episode

[6:50] Hey guys, so we're here with a new episode and I always love when I have new guests and people I know in real life and people who are my sorors.

These all of us like check, check, check.

[6:59] So welcome Erica Easter to the podcast. Hey girl. Thank you for having me.

I'm actually really excited about this. I know. And it's funny.

I did your podcast like two years ago.

Yeah. It's been a minute, but you have actually, you were introduced to me through another soror of hours and i've always followed you and in my mind you were always my homie and then, met and talked and i was like oh no this bitch is really my homie we curse right yes we curse yeah i'm like i'm pretty sure i've heard you curse but anyway this bitch is my homie and i say bitch in the most loving terms ever if the only way okay i'm like if yeah i don't want to be like that bitch exactly but yeah so i'm like this bitch is my homie so i'm so happy we We can actually do this. Yes, I'm excited.

She's going to let me get all up in her business a little bit.

So, yeah, I want to ask you, too.

Why did you guys walk away from your podcast? Her podcast was The Turn On.

Yes. It was so sophisticated. They ran, like, a really sophisticated shop over there. That was all my co-hosts. So my co-host actually has her shit together. I am just, I just be on some vibes. I'd just be on some, like, I bring the energy, I bring the mood. Kenrya brought the actual structure because we would not have lasted as long as we did had it not been for her.

[8:22] It just stopped getting fun, you know? And this was around, so we stopped right around the time that Desus and Meryl broke up.

And there are a few other people we can talk offline, like, that are still currently together as a podcast duo.

But behind the scenes, they fucking hate each other. Yes. But the money is rolling.

Exactly. And Kenrya is one of my good, like, I say tell Kenrya's daughter all the time, I saw you before your mama saw you, like, held her leg and was like, oh, look, that's a baby coming out. And I'm like, I don't want that to get in the way. And so when it stopped being fun and felt like work, I was like, I don't want to do this because I think that's when things start getting icky.

[9:09] Also, Kenrya has some health challenges. And little did I know that I was about to face some health challenges.

Literally, the moment I start talking, my dog is like back there. Isn't that natural?

[9:23] She's sleeping. And I guess she's like having a whole something happen in her sleep. So I apologize.

But yeah, so it just got to the point where it just stopped being fun.

And, you know, I, God knows he knew that I was going about to fight, you know, face some shit and needed to focus my attention on me and my health.

And so literally we, our last episode was in September of 2022 and I got diagnosed again with stage four breast cancer, like later that month.

So it was just like, yo timing, man, girl, he be knowing, he be knowing.

It's the same thing. You know, I've been saying this a lot and I've been thinking about like, what does the end of this podcast look like?

Because I feel like I'm nearing it and maybe it transitions into something else I don't know yeah but I feel like I'm and the people hearing this may be shocking all but it is a little daunting sometimes when you're sharing and producing and you don't see numbers you don't see growth right that fucks with your mind like as much as you expensive it is this is not cheap and and yeah it's not cheap and so I too took a big hiatus last year where I said okay.

[10:46] This season I'm doing right now was gonna be like am I gonna do it a little longer or or I'm packing it up because yeah yeah it yeah it just starts to wear on you after a while and like you said when it starts to become like work it's not fun anymore and this was really fun to And so I was been trying to find ways to keep it fun and light for me because I don't want this to feel like a second job.

So I will say for me, I like doing it made me realize that I just want to be talent and doing the show.

[11:23] Production because with our show we were we had like two each episode was like packaged in like two two episodes so we would do the episode where we would read the book and so we had to find books which is hard as fuck because we wanted our books to be you know um we didn't want like shit that was conventionally written we wanted stuff that was inclusive the one time we had a guy on our a guy author on our show literally like the moment we published the episode found out the nigga was problematic so then we're like oh my you know so it's like so it's hard finding it's hard finding content then you got to get it approved and then you got to read read we would read the entire book well cameron would read the entire book a lot of times i was just like girl what's him dead exactly um and so i need to read the book and then you have to like structure the the episode then you have to find guests it was and then we would have to edit our episodes.

[12:25] We would send um we would do transcripts so then we'd have to it was just tell the people like it's so much work like this piece great and i say all the time if anyone's listening and they want someone to podcast for them and i have the backing of like a network by all means drop me in a network could be a game changer honestly I just said this in another episode with somebody like a network could be a game changer I mean for me that probably would put the fun back it would take some of the pressure off um but yeah so timing your life you walked away from podcasting because you had a breast cancer diagnosis and it's the second one am I correct yeah so I was I was initially diagnosed with breast cancer in December of 2019.

[13:22] So I go home to visit my family in St. Louis every year.
This story is gone. I tell a lot of stories. So we're going to be here for a minute. Let's go.
So I go home to visit my family every year for Thanksgiving.
And I make it a point to get back here to DC home on Saturday.
I'm like, I want to beat all the traffic, all the horrible airline traffic.
So I get back home on Saturday. Saturday mornings, I'm on the first flight out, I get home, I'm in bed by like 10 a.m. Every Saturday after Thanksgiving.
That particular Saturday, got home, showered, changed, crawl in bed.
I don't know what the fuck I was doing. I think I was probably about to masturbate or something.
That sounds about right. I like touched my titty and felt a lump and was like, what the fuck?

[14:06] So I live in a house. Kenrya, my co-host, lives upstairs.
So I literally like in pajamas, put on a robe, knocked on her door, like, feel my titty. Like, there's something weird here.
Da-da-da-da-da. Find out it's cancer.
Like, it just blew my fucking mind. Had no, like, I don't have a family history of cancer.
Actually, what I felt in my breast wasn't even a cancerous tumor. It was just a cyst.

[14:34] But when they did the ultra my doctor knows me it was like erica she's anal she ain't gonna go for just the mammogram so she's requested a mammogram and ultrasound mammogram came back clear they were like looks fine but we're gonna do the ultrasound because your doctor requested it the ultrasound showed cancerous uh well showed cells in my

breast in a different area so again god be knowing he was He was like, bitch, I got to get your attention. This is how I'm going to do it.

So that was like all around the holiday season.

And then I had my double mastectomy scheduled for January 30th of 2023.

Okay. No, 2020. Okay. So January 2020, had my double mastectomy scheduled, did that.

And after they did that, they found a pathology that showed that I needed to do chemo. So at the time, I was like 38, 39.

And so my doctor was like, you haven't had children. I have a son.

He's not my biological son. She was like, you haven't had children.

I was recently divorced.

She was like, you should probably freeze your eggs in case you want to have children.

So I was like, okay. So then I went through that whole process, which...

[15:51] I don't see how people do that shit voluntarily. Listen, my friend, I watched my friend do that recently.

And I'm like, not interested. Like, ma'am, I was at the Danny that works at, they used to work at the Modern Nails in Pentagon City. I apologize.

Hormones, drains, and a meltdown over nail polish

[16:12] I went there and literally had a fucking meltdown because they did not have the polish color that I wanted.

I was like just miserable and angry it was all the hormones and i didn't realize it um after you have after you do any like kind of well after my surgery i had these drains so essentially i was walking around looking like predator you have like these drains that are coming out of your body to like help drain the fluid and these motherfuckers get up because you walk around with these drains and i had this little belt and you just hang a little and you're You're like walking around with these little bottles.

That's so much. Fucking body.

It's the worst shit. It's like you just had like lipo 360.

Yeah, it was. We'll get into that later. But yeah, so I had that.

I fucking hated the drains. And I remember I went to my doctor and you record your drain output.

And after a while, when it hits certain levels, then they can take the drains out.

And I remember I went to my doctor, walked in there. I was like, if you don't take these motherfucking drains out today, I'm going to do it right now in front of you.

And I don't give a fuck and she was like you must be freezing your eggs those injections that you to pump those horns just had me all over the place so did that and then I had to start chemo so I started chemo literally the Thursday before DC shut down for COVID.

[17:38] So I had one chemo session with my girlfriends. We were like, Eric, it's going to get through chemo. And then we did it.

And then after that, they were like, yeah, you can't do this.

You have to come alone. You have to do it by yourself.

[17:49] And then I did chemo pretty much like the girl in the bubble.

I always joke all my girlfriends was stressed out and tripping when I found out I had cancer.

I'm like, y'all going to be kicking it all summer without me.

I'm going to be walking around. You shut it down. I shut down the whole fucking world.

They were like, Erica, next time, ask God to just chill out.

I say all the time I'm God's favorite. He was like, you won't have FOMO. You won't have no FOMO.

Everyone's going to be fucked up about their eyebrows and hair. Don't you worry.

Because everybody was like, it was a mess. But I loved it. It was a mess.

So I did that, got through that, and thought everything was OK.

OK, you know, after breast cancer, you do certain treatments to kind of reduce the cancer, the idea, the possibility of recurrence, all that.

And I thought it was fine. I had a number of reconstructive surgeries.

And I remember I I'm about to tell you all my business, but, you know, look, I'm all like, oh, I went to Sex Down South. Are you familiar with that conference?

Yeah, yeah, yeah. Fucking love Sex Down South. Went to Sex Down South. And...

[19:08] Yeah. Okay. So I went to Sex Down South. What happened at Sex Down South?

Went to a, so I was in this, you know, they, so Sex Down South approaches sex in all the ways, right?

Like they say, you can be an enthusiast, you can be a scholar.

So, you know, I do the scholarly, like from Jezebel to Mammy, you know, presentations and workshops.

But I also went to a workshop about face fucking. And so I'm at this face fucking seminar with my homeboy and we're watching it and i'm like god damn they're like showing they showing it all like we was like tell the bitch in the next room to be quiet come and find out it was a fisting seminar that they were a little loud about but watching this facebook and seminar it was great and so i'm like, let's act on this so we go into the bathroom at the hotel have sex we're in like one of them little stalls and so like we was getting it in so we leave the stall and i'm like Like, got a crick in my neck. But I'm like, I'll deal with it when I get back.

[20:09] So, sex down south ends. Get home. And I have a fucking crick in my neck.

So, I'm like, you know what? I am going to go to my, to get the Thai massage.

Oh, my God. Anticipation. I'm like, what was it? Yeah.

So, I go to get a Thai massage.

And I'm there. And the woman puts me on my stomach. And when she lays me on my stomach, it just feels weird.

I'm like, and I had been feeling a little off. I thought it was like acid reflux or something.

But I'm like, okay, now you fucking with my sex life and my massages, we got to go check in with the doctor.

So I go to my doctor, my primary care doctor, not even thinking anything of it, just go to my primary care doctor. I'm like, hey, this is weird. What's going on?

And she's like, yeah, you get... She was essentially in so many words, bitch, you getting old, you probably need to pop a Pepsi every day.

[20:58] I get, but at the same time, I want a lot of medicine and I'm allergic to a lot of things. I'm like, I would rather you, we run some tests and then you tell me everything's okay. Then just being like, this is what you need to do.

So she ordered an ultrasound, go do the ultrasound.

And the woman's like, yeah, you'll hear from your doctor.

I didn't think anything of it because when I flashback to when I first got diagnosed with breast cancer, I walked out that day knowing I had cancer.

In so many words, a woman wouldn't tell me, but she was just like, they talk to you a certain kind of way. And, you know, so there was that.

So I didn't think anything of it. So time passed.

My doctor calls me on a fucking Saturday.

Like, why would you call me on a Saturday? You can't do shit.

She's like, yeah, well, we see masses on your liver. Bitch, what?

[21:49] Masses on my liver? And she's like, yeah, you should get, you should do further testing. I'm like, well, I just have, I literally just happened to have an appointment with my oncologist that week, but that appointment was just my normal check-in and my oncologist, as a matter of fact, was moving.

She was like leaving, leaving the practice.

And when I found out she was leaving the practice, my stupid ass, there's power in the tongue.

My stupid ass was like, I'd be so mad if I was in the middle of treatment and you leave me. Ha ha ha ha ha.

And literally be careful what what you're putting out here.

[22:24] I'm God's favorite. I am God's favorite. So even when I speak bad things, good things happen.

So anyway, so I go to her and I'm like, yo, this, so I call her that Monday, like, yo, this is what happens.

So they rush all these tests come to find out it is metastatic breast cancer.

So essentially what happens is the breast cancer came back to my a liver so it's not liver cancer it's just like breast cancer cells or my liver so I go into my doctor and it's literally like she's just moving fast like she tells me like I go in to see her on a Thursday she hands me a sheet of paper with a bunch of dates and I'm like what's this she's like yeah you start chemo on Monday bitch what damn and I went to Howard so this was literally like Howard homecoming weekend. So I'm like, and it was my lines 20th anniversary. So we're supposed to be like out, like kicking it, turn it up. And I am just like.

[23:23] Feeling like I'm on death row because I'm starting chemo on Monday. So it was a lot. And everything moved so fast that I couldn't even like take anything in.

Like one of the things you hear a lot with cancer survivors is there's so much support at the beginning.

But when you're finished, everyone assumes that you're good. You're good. That's when you fall the fuck apart. I literally was just reading this article and this was a couple of weeks ago.

[23:56] And it was saying how this person was making a case for why they should stop ringing the bell at the end of chemo because they were saying, like, it's become this big thing that people shared on social media.

So when they see you ringing the bell, everyone's like, oh, they're all clear. They're good. Great. We're done. That is like your support.

Yeah. yeah they were like your support system unravels because everyone has symbolized ringing that bell with we're done i'm gonna survive i'm gonna live and that happened to us our like chapter president.

The Journey through Chemotherapy and Expanders

[24:28] She rang the bell and she had pancreatic cancer oh that's a rough one but she rang the bell everybody's like yay and a month later yeah so the it was so after reading that article i was like, I could see why one would make that case.

Yeah. And so I had to do chemo twice.

The first time I did chemo, I didn't ring the bell just because I don't want to say it wasn't a big deal to me, but it was just like, okay, this was a thing.

There's still so many, so many more things that have to happen in order for me to be done.

So when I finished chemo, I still had expanders in.

So essentially the best way to describe an expander is like a ...

Imagine a Capri Sun pouch.

They put Capri Sun pouches in your titties. I am the worst at explaining shit.

Put them in your titties. But I get the vision wrong because of ...

Exactly. And then every week I would go into my plastic surgeon.

She had this big ass syringe.

[25:28] She'd find the little port. She'd hold a little magnet and a boop, that's where the metal port is.

And she'd fill it and it'd pump up your boobs to the size that you want.

So I had expanders in and then they take the expanders out and another surgeon put your implants in so I had that's kind of incredible actually modern medicine is amazing like the one thing I learned going through this modern medicine is amazing so you said you had a double mastectomy yeah and now you've had reconstruction implants and stuff or so here's okay so I had so So I had implants and then I did radiation.

So radiation, when I did radiation, again, we were still in COVID.

We were still not really understanding what it was like. And so my doctor...

[26:13] I essentially had two courses of action. I could do a longer kind of slower radiation, which would have been less radiation over a longer period or a more intense radiation over a shorter period.

My doctor didn't want me, and radiation is every single day.

My doctor didn't want me in the hospital every day for seven weeks, as opposed to, I think it was like three or four weeks.

So I did the shorter radiation and it bucked my skin up. Imagine putting like when you put like raw chicken in the microwave and it like it's all tough and rubbery.

That's essentially what this right titty looked like.

And so I had implants and this implant gave me so many problems.

Girl, one time my implant was in and I had a wild night. We was fucking, fucking, fucking, fucking.

And I woke up the next morning. I was like, this titty don't look right.

Problems with Implants and the Deep Flap Procedure

[27:09] Something is wrong with this titty. so I go to my doctor, girl why did I fuck the titty why did I like flip the titty like implant out of place and the nigga was like damn I ain't never done that I'm like not too much not too much boo but yeah like so it was just issue after issue after issue so, I then so then I was talking to my doctor because you you also hit this place of like.

[27:43] I had great titties before this. And my love language is nudes.

I love taking pictures of my body. I love a good naked photo.

And so I was trying not to chase perfection, but also wanted to be comfortable in my body.

So my doctor recommended that I do this procedure called a deep flap.

And it's D-E-I-P, deep flap. It stands for something. But essentially what they do, they do like a tummy tuck.

So you know how with a tummy tuck, they cut you from here to here.

And then they take the fat off, pull your tummy down and throw the fat away.

Instead of throwing that fat away, they turn that fat into your titties.

So they took out my implants and now I'm like a member of the Itty Bitty Titty Committee because although I had, I was like, I have been training for this moment all my life because I did have a good amount of tummy fat, but not as much, not those voluptuous Ds that I had before.

And so we then did a deep flap, which essentially took the stomach fat and turned them into my breasts.

So I no longer have implants and I just have like titty fat, stomach fat as my titties, which.

[28:55] You prefer the implant. Huh? You prefer the implant.

I prefer the look of the implant. I don't prefer the issues that come with all of it.

You know and thank god I'm finally getting feeling back to my titties I was like I was about to ask you that because you talking about fucking fucking so like is there sensation there with your nipples or something it's all decorative at this point I mean, girl they be going to town be like I hope you having a good time because.

Navigating Sexuality during Cancer Treatment

[29:27] I'm just here. That's crazy. So, okay.

You were talking about you were in treatment. You was getting it in the bathroom and sex down south.

So, like, throughout your treatment, because, like, you're a very sexual person. You like to get it in.

Like, was that something you felt like was taken away from you?

Or did you still have the desire and space and place to have a sex life?

Or was it like, let me focus on beating cancer's ass? But for me, because like I know for me and I did not have cancer, but like it is stress relief.

Like sometimes you just need to totally go out. So like for me, I feel like if you were going through something like that, I'm going to need something happening good and pleasurable often to kind of balance this out.

Well, yeah. And so I am single, single.

I got divorced in 2018 and I did a lot of work on myself, like a lot of work.

And so much so i ain't fucking up this work for nobody like and so until this shit is perfect until you until it and i don't expect perfection but until it is a situation that is perfect for me, i ain't going there that don't mean i ain't fucking right and so i was single single.

[30:45] And so um so for me i definitely was having sex but going through this provided me uh like got me to a level of just freedom that the sex is amazing like great now because I don't give a fuck I recognize that life is too short to be hung up on anything and granted I did deal with and I still do deal with from time to time like feelings of like who wants the cancer girl or you know like I got this big ass scar and all these you know like these scars from just random shit I run into a into a wall or something I end up with this huge bruise because because my skin is different and I bruise differently.

And there's all of that that I kind of get hung up in.

But then I have to remind myself like.

[31:48] In the words of... What's the...

Sprinkle, sprinkle girl. Men will fuck anything. Men will fuck anything.

[31:55] And so I'm so caught up in my head that I can't even enjoy this.

And that ain't doing anybody a favor.

And so, yeah, girl, I'm getting it in. During treatment the first time, no, only because it was COVID, we didn't know, all of that.

But first time I ever scored, it was my my first time having sex post like everything and honey i was bald as a naked mole rat like no hair no eyebrows no that's the best thing that actually probably was amazing that you had no hair down there best thing about chemo like my skin was amazing i was i'd like get out the shower and like and then i always have short hair so a bitch look good but it was just figuring out the eyebrow route thing but girl and the first time I had sex bitch I know this man thought he was doing something I was like again it wasn't confident it

could have been anybody it could have been right but um and so yeah it was it sex is one of those things that I need I require and going Going through this, I have been so much better.

Overcoming Insecurities and Finding Supportive Partners

[33:13] Just healed Erica also with the perspective of all the shit that I've been through.

[33:18] I've been so much better at seeking out partners, either sexual just for sex or just to date that care for me and support me and are affirming.

And so all of my partners are like.

[33:37] They love this shit scars and all that for you uh-huh girl that's amazing my current boo he loved just he loved just did uh you know playing with my little tummy and i'm like bro there's this big ass like scar here he'd be like that's fine just rub on it i'm like okay boo whatever i have a big ass scar on my belly i had a open appendectomy because my appendix ruptured and he was like get Get that bitch out.

So literally, I have a cut from my belly button down to like pretty much my pussy.

[34:09] And they took out my guts and my intestines and had to clean it, all that shit.

So it is amazing to me as well, because it's one of the things I'm just like, I told my surgeon, like, once I came out of the drug fog of like what happened to me.

I was like, now, why the fuck y'all ain't just give me no tummy tuck?

Y'all could have just like, yeah, like, bruh.

Got this roll and this scar like and so i had this one guy he used to just like before i like it flattened all the way out because i was like rubbing the cocoa butters and the mango butters yeah and it was still lumpy from the stitches he would just be like because it was like i'm like why are you playing with this girl they love that shit and i and i and that's another thing that i realized like some of the things that I am the most self-conscious about, like girl, they love it. Or, and it like, it makes me realize that like, it ain't that damn bad. Like you're good.

This, this is not bad. It's not. And so you said you were single, single. Cause I'm single, single too.

[35:15] And I don't know the men out here right now.

So i don't know and here's the thing and i'm trying to break this because i do enjoy fucking like i i like to have good sex um i had gotten to this point where it's just like i don't even want to be bothered with the interaction of you if it's not even going to be good i have no patience like none or anything and i saw a tiktok and it was it hit home so hard because it was like men are not competing for against other men you're competing against my peace like i say that i have and most men get this get the same speech from me every time we go on a a day, I like to say, look, my life, I have curated a life that is like the most amazing plate of food.

The mashed potatoes are perfect. The steak is amazing. The veggies are cooked perfectly.

All I want from you is to be gravy on an amazing fucking life.

Like, that's all I need. Are you there? I feel like- I'm here. Yeah. Listen-

[36:31] I say this all the time. At this point, you have to add to, right?

Like you said, I have a pretty great life.

Girl, give me a weighting blanket and a vibrator, and I'm good.

That's all I need. And so any man coming to my, any partner, man, I mean, I'm open. I think I am.

I'm going to put in that. Oh, I mean, I don't have anything to, you know, confirm, but I'm like, at this point, fuck it.

Maybe something else. I'm saying I've been noticing and not like it's not a trend, but I do know people in real life and people I don't know who I had always just assumed were heterosexual.

And now the women are like, fuck it. Where the bitch is that?

Right. Where the hell is that?

[37:14] And I was in my. So my therapist is a lesbian. She was married.

All that came out of a horrible relationship. So every time I complain about man, she'd be like, you just need a woman. Like that is not how we solve.

[37:28] But, you know, it's been great.

So, yeah, I just I I have curated an amazing life and I wreck.

I see how quickly shit can turn on a dime.

I have faced death in the face and said, no, bitch, not now.

And so for that reason, my tolerance for bullshit is low.

Like I have a little friend that I'm dealing with and it is amazing because he brings a sense of like peace and calm and just ease.

And I know we talk about soft girl life and ease and all that.

At, but no, I really mean like I don't have to worry about shit.

Like I went to this man's house the other day and told him I, damn, I forgot to pick up some laundry detergent.

He was like, oh, I went to Costco and got a bunch. Get a couple from the garage, and take it home with you.

Thank you. Get your dicks up.

Why? Because, and not on some like birds, well, it is some bird shit, but fuck it. But you know what it is. It is.

But like it's just it's ease it's like I don't I don't want anything to be difficult because life is so fucking hard I side note I hate mean girls.

[38:58] I hate mean girls. I hate nasty, nice people too. Yeah, because life is hard as fuck already.

Why am I looking to someone that looks like me, understands all the shit I've gone through and been me and you're being me.

And I don't need that, right? Like I'm with you. Ease. It's little shit.

Frustration with household chores and expectations

[39:17] Put the trash out for me. Put the trash out for me. Yes, take the trash out on your way out.

Yeah, listen, they know you coming here.

Are you doing something oh box upstairs can you bring uh girl in a garage can you build that shelf for me and bring it like it's something here that needs to be done and if not i will find something because guess what my presence adds something to your life your presence is gonna add something to my life you know that just seems like so bottom rung i don't think it's i don't think that's a hard heavy lift and i'm not asking for something stupid like i didn't ask you you to build a house take the fucking trash out on your way out because nine times out of ten is full of some food that i didn't cook that you probably took a play home or it's you know like it's just so anyway yeah so um my tolerance for anything is so low i was actually talking to my therapist about this recently because i don't even do spirited conversations with my girlfriends friends anymore.

Like I have a group chat and some of it's trauma where I'm just like, I avoid all conflict, but some of it is just, I don't want to.

And so we were talking about something and I was like, well, this is how I feel.

[40:36] And it was something that we all had a lot of, you know, there was a lot of opinion and very varied opinion, but at the same time, like, all right, well y'all know how I feel this is just some hypothetical situation ain't got shit to do with nobody so call me when y'all start sending dick pics to the group again because I am out you know so it's just I want ease in everything I'm with you I'm with you I I wholeheartedly support anyone who can make my life better yep make it more joyful more fun more pleasurable I'm all in And that's how I, and I want that out of every relationship, every relationship I have.

I mean, my, one of my girlfriends told me, she was like, when I'm with you, I feel free.

And to me, that was like the highest compliment that I could get.

And I want to make sure that not only am I imparting that upon people, and that's the thing that I bring, but each relationship that I have brings a little bit of something like that to me, you know, like...

[41:46] It may not be washing powders. It might be something different.

But it's just I want to make sure that I have a beautiful life. I want a delicious life.

I want a succulent, delicious, juicy mango juice running down your hand.

So good. You slurping in public. Don't give a fuck what people thinking about life.

Like that is what I want out of life. That sounds fucking amazing to me. Shit.

[42:12] And that's what you're building. That's what you're building.

Right. And I have curated, I mean, like I'm looking around my office right now in my house. This is the house I moved into after I divorced.

Every single thing, with the exception of my son's room, which is another situation, every single thing is there because I want it there.

That is what I want, is how I look. I mean, so I remember when you moved into your current place and you were talking about all the things, I'm like, I know that feeling so well, because it's just, this is mine.

This is my space. this is my my den yeah and i'm i'm i that's what i'm with like i always tell people when they come over and they're like oh my god your house is so comfortable and like it feels like a hug and i was like that's literally what i said to the designer for spaces that i use the designer i was like i want people to come in here and feel like they're being hugged i want it to be warm i want it to be comfortable that's why i don't be outside like that because it's too damn it's cool in here All this money I spent on this spot?

I ain't getting my damn money's worth of shit. Exactly. Exactly.

So, no, I'm rocking with it. Yeah, I...

[43:23] It's funny because you were talking about pleasure like and I was just saying like I've been struggling with it because I want all the orgasms but I really don't want to deal with some of these men like I just don't want the interaction and so I literally just sent and I haven't done this in a while but I literally just sent a friends with benefits proposition to somebody like look can we just make this work girl i had i had this capacity no i i because so i go through these moments where i get on the apps baby girl i get on the apps and then i'm on the app for like a day and a half me too and i'm like oh no delete delete delete because one i'm getting like haze from niggas that i already know or i i don't know why my zoom is doing that i I need to anti-Black girl it because I talk with my hands and then it's always like doing shit.

And I'm like, how does this happen? But anyway, so it's someone that I've already fucked with or am kind of currently fucking with.

And then they're like, hey, I see you. You see me. And I'm like, but this is weird. Just block me and act like you don't see me.

Or it's like somebody that I keep seeing on the apps. And I'm just like, you know what? So anyway.

Now that you say that, I'm going to ask you a name after we stop.

A Note on Being Eskimo Sisters

[44:45] We may be Eskimo sisters put a note down put a note down I'll put it in the chat, let's see so so, y'all, Yup. Yup. Yup. Yup. Okay. And he does good work.

Huh? He does good work. Yeah, I ain't mad at him. He does good work. I ain't mad.

We're going to talk offline. But yeah. A good one. So anyway. So, wow.

That is hilarious.

Casual Encounter with No Expectations

[45:30] So I met a guy. similar situation and we had like one day and it was very clear that we were not like compatible compatible but broad like he was younger and key a whole bunch of

kids like it was just, it was not the situation but i saw this man and said you know what you ain't got a lot happening but I'm sure you can lay some pipe. I mean, sometimes that's enough. And literally sent him a text and was like, look, I have things happening. You have things happening, but we don't live far from one another.

[46:12] When you free, holler at me. When I'm free, I'm gonna holler at you and we gonna make it do what it do.

And when I tell you it was just a lovely situation because it was literally on some like, Like, hey, I'm busy, but I got, like, 45 minutes between meetings.

Can I come back real quick?

Great. Boom. That's literally what I need right now. And it was perfect.

And we didn't even, like, because also, I think we, I don't say we as in you, but, like, I think we're taught that, like, men, relationships are supposed to be our everything.

I'm the first person to tell you, my friends are my soulmates.

Like... A thousand percent. Like...

It's the one thing Carrie Bradshaw, was it? No, it was Charlotte who said it.

It was the one thing Charlotte said.

Like, you know, we were each other's soulmates. And maybe these guys are just people to date from time to time. Whatever she said.

A thousand percent. And so I don't need, like, I can get hugs from my girlfriends.

I can get, like, one of my best friends, we do amazing vacations.

I can get all of the other things.

Sometimes I just want some dick. I need to be tossed.

[47:28] And rubbed down and feel a pendant dangling in my face I just want to be hitting my head with a charm exactly that's all I want and like, the rest I can get from my girlfriends and I don't need this one person or this man to come in and be my end all be all, and once I got comfortable with that bitch the pussy was just, Because I had to ask my gynecologist. I said, I'm not going to say her name because I'm with people in my business. Dr. So-and-so.

Exploring Heightened Sexual Desire and Aging Hormones

[48:07] Something's wrong with me. And she said, what? I said, I feel like I have the hormones of a teenage boy.

I want to have sex all the time.

And she's like, it's nothing wrong with you. That's nature. Like, she said, your ass is getting old. Your body's like, you got one last chance. Get pregnant. Get pregnant.

Get pregnant get pregnant get pregnant so she was like that's why your hormones go crazy as women age because your body's preparing for menopause and i'm like thank you for an explanation because i literally want to have sex all the time and now so you're hit with these teenage hormones you got real money you got your own place bitch this is a fucking recipe for disaster.

Surprising Effects of Birth Control on Sex Drive

[48:55] I hope you taking your uh birth control but we're doing something because like my heart is not beat us delete us i'm really like i had to ask her because i was like this can't be right like and she's like no she's like and you're not even 40 yet like yeah she's like keep going and i'm i'm like, it gets worse.

She's like, yeah, no, your sex drive, women's sex. She's like, it's going to keep going.

And i'm like, oh my God, I can't take it. I did not know that's the reason, but i'm totally for it.

That was her biological explanation as to why our hormones rev up because your body's last ditch effort.

Nope. No, thank you. I'll pass. No, thank you. My factory has shut down.

I have a girlfriend who's a pastor and she always tells me, she's like, the clitoris was made by god he intended for it to be for pleasure and i always i i always say that to women as they think about like the whole having babies and i'm like it's literally the only thing it does literally it is there it's not to feed anybody it's not to nourish you well it nourishes you in other ways.

The Reality of Men: "Niggas Ain't Shit"

[50:17] But that's all it's for yeah no i totally agree i totally agree yeah so um so all that to say uh you're healed these niggas not shit yeah exactly niggas ain't shit we're asking most sisters there's that yeah what a funny revelation um and it's funny because i i was like Like, didn't I think I was going to bring him now, but I was going to ask you only because I saw you like his picture one time.

Oh, okay. You know, I have to stop. So, yeah.

I ooh fuck it.

So I followed I had to like mute him.

Uh-huh. Sweet guy. Lil Hotep.

That's literally his nickname with my friends.

Questioning Beliefs and Social Media Influence

[51:12] That or anti-vax.

Literally his nickname with my friends is hotep yeah yeah and so i was like you know what i can't like i social media really be doing a doing one on them right on on men because you'd be like oh you really think that you really or a lot of people they just believe anything that's yeah yeah so yeah so i was so we we follow one another but i couldn't tell you too much about the going so i must have been digging if i followed if i liked something only because it was like yeah i can't see your stories because i there's only only so many times i'm gonna watch something about like you know flat earth we yeah i literally have, this is so terrible to say out loud don't judge me y'all i literally will debate flat earth.

[52:07] And then have bomb sacks. Right? Or be like, bitch, I got cancer. And then mama be like, you need to be juicing and fast. And I'm like, uh-huh, yeah. No. Oh, yeah. Because, baby, I'm not going to convince you of anything. So you just do your thing. I'm going to do mine. You're going to enjoy this. But my Sagittarius nature, I'm like, send me more videos. I hate it. I can't help myself. And I indulge it. but yeah I just I don't believe it at all at all that is so funny yep he was hilarious, yeah oh my god that is so funny literally any of my friends I'll be like that's his nickname yeah yeah okay but damn he can do he can yeah, let's have a moment claps for it laughs laughs laughs, Oh my God, I love you even more now. I know.

The Breakdown: Black Women and their Beauty

[53:12] We're at the part of the podcast where we do the breakdown. I'm going to say a word. Okay. You say the first thing that comes to mind. Okay. Sound, phrase, anything. Okay. First one, Black women. Delicious. Just, oh, I wish I could get, like... I don't like pussy, but I wish I did because we would be with the black women are so we're fucking beautiful. We smell good. We're soft. We're just yummy. Black women are yummy. Yeah. Next one. Money.

Random Thoughts and Associations

[53:55] Dick. I don't know why that came to mind, but I'm just like, all righty. Yeah. Safety. Ooh black women orgasms, the first thing that came up like I got an image of like sparkles like just glitter and sparkles glitters and sparkles pleasure, necessary therapy necessary.

Embracing Body Positivity and Celebrating Self-image

[54:30] Orgasms Dr. Jodi Throckmorton, necessary bitch and last one titties oh i miss mine i miss my titties i miss my titties i had great titties so it was so funny i was going through some messages kenrya was fucking amazing when i got diagnosed like again god be knowing i when i divorced i called kenrya was like you know it'd be really cool if we lived near each other not thinking that we'd live in the same fucking house she lives in the apartment upstairs and so the moment i found out i had cancer she was with me for every single appointment and so after every appointment right kenrya being the type a personality she wrote these amazing emails to like my circle this is what eric has the doctor says it's what to expect and then one message she said p.s erica said yeah she's taking these titties on world tour so be very careful opening text messages because you may see them and i literally was sending pictures of my titties to everybody like founders day this whole found you know everybody got their founders days on

the founders day i send a text message to my girls every day every founders day i'm like happy cap of founders day send your favorite cap of some nudes if you don't have any hit me up i'll send you my old titties like literally i miss my titties i had I took lots of pictures.

[56:00] Women, take lots of pictures of your body. Here, that's another thing. I spent so much time hating my body when now I would go back and fucking give a left arm for that body.

[56:11] I don't think we appreciate our bodies while we're in it. So even if you don't appreciate your body while you're in it, take lots of pictures, naked or otherwise, so that you can reflect upon it. I like that.

[56:23] And one of the suggestions that I give to, so, you know, now I'm like the cancer whisperer whenever somebody gets diagnosed, they hit me up, which I don't mind. But people always want to know what to get people when they're about to, you know, like, oh, this is happening. What should I get them? I have my standard list, but sometimes people are like, I want something unique. I want something different. I'm like, gift them photos, gift them a boudoir package, gift them naked photos as comfortable as they are, because your body is going to change and you would, you want want to appreciate it for what it was or celebrate it for it having gotten you as far as it has. Because sometimes I'd be like, this body. And I'm like, you know what? This motherfucker got me pretty far. So I'm going to appreciate it for scars and all. So yeah. If y'all thinking of gifts, I have the standard list of cool back pillows and that kind of shit. But if you really want to stand out, I love that. Yeah. Yeah.

Connecting with Erica Easter: Instagram and Public Sex Ed

[57:25] I love that. So look, if people want to follow you, are they able to? Where can they do such? So I have two.

[57:32] So the favorite Erica is my Instagram page. That's my personal page. So you can request me. Depending on how I'm feeling that day, you might get in. You might not. Sorry, I'm going to be honest. Or you can follow me at underscore Erica Easter underscore. Erica Easter was taken. But anyway, underscore Erica Easter, Erica with a C, Easter like the motherfucking resurrection.

[57:59] And that's like my public sex ed page, which will be kind of, I have a few things brewing that I can't really speak on right now, but follow me there.

But also if you're interesting, I mean, I'm not, I'm anti unsolicited dick pics, but if you think your dick is special and you want to like give it a try, I'd be happy to, you know, look at it. If you want to like send it you just start charging oh I've had enough fin doms on here to know that you charge for dick readings yes oh I'm not gonna I'm not gonna respond unless you like you know yeah cash up a little 10 9 20 9 something like that and then I'll respond but if you think it's special, There you go. My DMs are open. Ready to be slid. There you go. Look at that.

[58:49] Well, Erica, thank you so much for letting us get in your business. Thank you. And this was so dope. I like, again, you're amazing. This is amazing. No, you are amazing. Thank you, Buki.

[59:02] Whatever's next for you, be it more seasons or whatever, I look forward to it. Thank you.

[59:09] Thank you boo see ya see ya i want to thank our guest erica easter for this amazing conversation i hope that you all when you listen to this conversation you had some amazing takeaways not only some good laughs but to see what it looks like when you face adversity in life's you know twists and turns head on and how it can be beautiful and amazing on the other side especially after putting up and fighting a battle like Erica did so also be sure to support our sponsors omgs and how can you do that and help me out just in the link in the bio um not the link in the bio the link in the show notes just click that link that helps just click in the link but it also is a great platform so I hope you check it out it's some really great videos and instructional instructional things over there on the omg yes platform all right and if you listen to this episode i encourage you to listen subscribe to the podcast on apple podcast spotify amazon music iheart radio youtube or any apps that you listen to your favorites on don't forget to leave those five star reviews you can leave those five stars over an apple podcast and spotify all right follow us on all social media share the episode with those you love those you don't love those you fucking hate i do not do these reels for nothing all right have a dope ass week i want you all to to stay healthy, stay safe, and stay sane.

Thank you for listening. And remember, the ratchet in me always honors the ratchet in you. Homaste. Until next time.

[1:00:38] Music.